UINTAH COUNTY DRUG COURT

PARTICIPANT HANDBOOK



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GENERAL PROVISIONS	1
WELCOME TO THE UINTAH COUNTY	
DRUG COURT PROGRAM	
MISSION OF THE UINTAH COUNTY DRUG COURT	
ADMISSION CRITERIA	
ADMISSION PROCESS	
TRANSFERRING WITHIN DRUG COURT	
CONFIDENTIALITY	
THE UINTAH COUNTY	
DRUG COURT PROGRAM	3
PROGRAM OVERVIEW	
COURT APPEARANCES	
TREATMENT OVERVIEW	
TESTING OVERVIEW	
MONITORING AND SUPERVISION	
DRUG COURT PROGRAM RULES	4
DRUG COURT FEES	6
FEES IN GENERAL	
FEES AND GRADUATION FEES AND TERMINATION	
BALANCE LIMITS AND DELINQUENT FEES	
BUDGET	
ZERO BALANCE = FIRST IN, FIRST OUT	
DRUG TESTING	6
TESTING IN GENERAL	
TESTING COLORS	
TESTING PROTOCOL	
MEDICATION, PRESCRIPTION DRUG, HERBAL SUPPLEMENTS, AND OTHER SUB-	
STANCES POLICY	8
PRESCRIPTION WAIVERS	
MEDICATION ASSISTED TREATMENT (MAT)	9
INCENTIVES IN DRUG COURT	10
INCENTIVES OVERVIEW	
PARTICIPANT PIGGYBANK	
SANCTIONS IN DRUG COURT	11

COMMON SANCTIONS	
VIOLATIONS IN EXCESS OF 3RD OFFENSE	
COMMUNITY SERVICE	
PROXIMITY TO DRUGS OR ALCOHOL	
SANCTIONS IMPOSED BY TRACKER	
SANCTIONS AND HONESTY	
THERAPEUTIC ADJUSTMENTS IN DRUG COURT	12
INPATIENT TREATMENT	
PHASE ADJUSTMENT	
DELAY ADVANCEMENT	
SELF-HELP MEETING ATTENDANCE / INVOLVEMENT	
TREATMENT PROGRAM DETAILS	12
EVALUATIONS	
SELF-HELP MEETINGS	
TREATMENT PROGRESS	
TREATMENT DETAILS: PHASE ONE	
TREATMENT DETAILS: PHASE TWO	
TREATMENT DETAILS: PHASE THREE	
TREATMENT DETAILS: PHASE FOUR	
POST-GRADUATION	15
AFTER CARE	
POST-GRADUATION EVALUATION	
RECEIVING THE BENEFITS OF YOUR PLEA AGREEMENT	
TERMINATION FROM DRUG COURT	15
CONCLUSION	16
ADDITIONAL MATERIALS	1
SANCTION TABLE	
THINGS YOU MUST DO WHEN YOU START DRUG COURT	
IMPORTANT CONTACT INFORMATION	
RECOVERY LITERATURE	
FOR FAMILY MEMBERS AND FRIENDS OF ADDICTS	
PRESCRIPTION DRUG DOCTOR NOTIFICATION FORM	
MEDICAL INFORMATION RELEASE AUTHORIZATION	

SANCTIONS TABLE

GENERAL PROVISIONS

WELCOME TO THE UINTAH COUNTY DRUG COURT PROGRAM

This Participant handbook will provide overall information, answer general questions and inform you of the rules of the Drug Court. As a Participant, you will be required to follow the instructions contained in this handbook and the orders given to you by the Court, as well as comply with the treatment plan designed for you by the Treatment Provider. You are encouraged to share this handbook with your family and friends.

MISSION OF THE UINTAH COUNTY DRUG COURT

Our primary goal is to assist addicts in conquering addiction. Through frequent court appearances, intensive therapy and learning life skills, you will receive an opportunity for a drug-free life.

ADMISSION CRITERIA

The following factors form the basis for decisions regarding who is admitted into the Uintah County Drug Court Program:

- Certification by the County Attorney's Office
- Demonstrated resident of Uintah County at time of application OR transferring from another drug court program (see transfer policy in this handbook)
- Current substance-abuse-related felony charge(s)
- Charges are not primarily distribution charges
- Demonstrated substance abuse history
- "High Risk" AND "High Needs" on the RANT
- LSI-R score ≥ 26
- Sentencing matrix recommends either "Imprisonment" or "Intermediate Sanctions"
- No involvement in ANY drug court program during the last five years, unless transferring (prior involvement may be used as a factor to distinguished between otherwise similarly situated applicants)
- No legal bar to entry (e.g., active protective order, active stalking injunction, "violent offender" per 42 U.S.C.A. 3797u-2, etc.)
- Space available in the program

ADMISSION PROCESS

In order to be admitted to Drug Court, you must first complete an application. After you complete the application, it will first be reviewed by the County Attorney's Office. Then, if referred, it will be reviewed by the Drug Court team for compliance with the admission criteria. If you satisfy the admission criteria, then your application will be approved. It is only then that the Court will be able to order you into the Uintah County Drug Court Program.

There are five steps necessary to submit a completed application to the Drug Court program:

- Step 1: Fill out an application
- Step 2: Get certification from your Defense Attorney
- Step 3: Get certification from the Prosecutor
- Step 4: Submit your completed application to the Drug Court Program
- Step 5: Schedule and Participate in Evaluation(s)

It is your responsibility to make sure that the application is completed fully. If you have questions, speak with your attorney or contact the Drug Court Office. Once you have completed all of the required steps, the drug court team will staff the application and make a final decision regarding your admission.

TRANSFERRING WITHIN DRUG COURT

The Uintah County Drug Court Program has adopted the Utah State Drug Court Transfer Policy. There are four steps to the transfer procedure:

- The assigned prosecutor in the sending jurisdiction and the Drug Court team prosecutor in the accepting jurisdiction must approve the transfer of any drug court case from and to another jurisdiction within the State of Utah.
- Prior to the transfer the participant must be informed of and agree to comply with all of the policies and procedures of the accepting jurisdiction's drug court (including admission criteria).
- 3. The plea agreement is determined by the sending jurisdiction and the plea is entered prior to the transfer (unless the prosecutors agree). The court clerk of the sending jurisdiction obtains a date for the participant to appear in the accepting jurisdiction and gives the participant notice of that date at the time of plea or transfer.
- 4. The sending court shall provide the accepting court with copies of all plea forms and agreements. The accepting jurisdiction then has jurisdiction over and is responsible for all further proceedings in the case,

including, but not limited to, any orders to show cause, incentives and sanctions, terminations from the drug court program and / or probation, sentencing, and graduation from drug court.

CONFIDENTIALITY

Federal law requires that your privacy be protected. The Treatment Provider, Northeastern Counseling Center, has developed guidelines and procedures which comply with federal law and protect your confidentiality. You will be asked to sign a release authorizing every member of the Drug Court team to receive information about your progress in therapy and treatment. Information about your attendance, drug tests, employment, living conditions, and general progress in the Drug Court program may be discussed in open court. After you graduate from the Drug Court, you may ask that your court file be sealed.

THE UINTAH COUNTY DRUG COURT PROGRAM

PROGRAM OVERVIEW

The Drug Court is a court-supervised, comprehensive substance abuse treatment program for individuals who have drug-related charges in the Eighth Judicial District Court for Uintah County. This is a voluntary program that includes regular appearances before the assigned Drug Court Judge. The program length is a minimum of one year and a maximum of 30 months. Advancement depends on your progress in recovery. In order to graduate successfully, all Participants must complete all requirements within two and one-half years. If you aren't on track to complete the program within the two and onehalf years, you will most likely be terminated from the program. If you are successful at completing the requirements for advancement through each phase of the program, and if you have demonstrated an ability to remain sober during the program, you will be allowed to graduate from the Drug Court program.

COURT APPEARANCES

As a Drug Court Participant, you are required to appear in Drug Court on a regular basis to meet with the Judge. At the beginning of your treatment program you may be required to appear every other week or more. The Judge can order you to appear in Court as often as the Judge feels is necessary. As you succeed in Drug Court and advance through the phases, your court appearances and counseling obligations will decrease.

In court, the Judge may ask you, the Tracker, the Case Manager, your Counselor, or others involved in your treatment and tracking, about your progress and your needs. If you are doing well, the Judge will encourage you and help you progress to the next phase in the program. If you have failed to comply with any of the requirements of Drug Court, the Judge may sanction you. The Judge may also change the treatment program according to your needs and progress.

If you fail to appear in Drug Court, a warrant for your arrest will be issued by the Judge, requiring that you be held until the Judge can determine an appropriate sanction. If you cannot appear in court, you must notify your Case Manager or Tracker immediately and explain why you cannot appear. If you have any questions about your scheduled appearances, contact your Case Manager or the court clerk.

TREATMENT OVERVIEW

Treatment is provided by Northeastern Counseling Center. Treatment includes individual and group therapy, and may include other treatment programming as necessary (e.g., life skills, parenting, and anger management classes). A counselor will guide your treatment, help you with referrals for job training, provide education and skills assessments, and life skills classes, as needed. Active participation in Self-Help recovery groups is a key component of the Drug Court.

TESTING OVERVIEW

As a Drug Court Participant, you will be given regular and random urine, saliva, and/or breath tests to determine whether you are remaining sober by abstaining from illegal drugs and alcohol. During the program, you will be assigned colors for testing purposes. Each day, you will call the Drug Court Color Line. If the color-line message includes your color, you will be required to test that day. In addition to these color tests, you will also be subject to random tests at any time at the request of any Drug Court staff.

MONITORING AND SUPERVISION

You will work closely with a Case Manager and a Tracker. Your Case Manager and your Tracker will monitor your progress and your conduct closely. They will report to the Judge regarding your progress and observance of Drug Court Rules, your attendance at Self-Help meetings, your drug test results, your employment or schooling progress, your current account balance on fees, and your overall attitude. The Case Manager and the Tracker will make recommendations to the Judge regarding sanctions and incentives to be imposed by the Court. As authorized by the Judge, the Tracker may also place you under arrest and ask that you be held for up to three business days until you see the Judge.

You will be required to check-in in person with your Case Manager on a weekly basis. As you progress in the program, the weekly check-in requirement may be modified to allow for less frequent personal check-ins. In the event that you struggle with obeying drug court rules, you may be required to check-in more frequently in an effort to assist you in being successful in the program.

DRUG COURT PROGRAM RULES

As a Drug Court Participant, you shall comply with the following rules:

- BE HONEST. Honesty is required. Do not lie to yourself. You cannot change your behavior if you do not admit to your behaviors. Do not lie to any Drug Court official. We can help only if you are honest.
- Attend all court appearances and treatment sessions. Treatment sessions include individual and group treatment sessions, Self-Help meetings as ordered, education sessions and other meetings as ordered. If you are unable to attend a scheduled counseling session, you must contact Northeastern Counseling as soon as possible.
- 3. Report weekly (or as instructed) to your Case Manager at the Drug Court Office.
- 4. Be on time to all meetings and court sessions. If you are late, you may not be allowed to participate in the treatment session or court hearing.
- Do not make threats towards other Participants or staff or behave in a violent manner. Violent or inappropriate behavior will not be tolerated and will be reported to the Court. This may result in termination from the program.
- 6. Do not possess or use drugs or alcohol or be where alcohol or drugs are being consumed.
- 7. Do not possess weapons of any kind.
- 8. Dress appropriately for Court and treatment sessions. You must wear a shirt or blouse, pants, dress, skirts or shorts of a reasonable length. Shoes must be worn at all times. Clothing, jewelry, accessories, or tattoos advertising alcohol or drugs or that have alcohol or drug use themes will not be allowed. Sunglasses and hats are not to be worn into court or the treatment facility. Speak with your Case Manager or your Counselor if you need help with clothing.
- 9. Inappropriate sexual behavior or harassment will not be tolerated. There are to be no romantic, sexual, or flirtatious relationships among other Drug Court Participants, unless members are married or according to the policy in this handbook, as follows:

- Any romantic or sexual relationships are prohibited with other Drug Court Participants while either individual is in Phase One;
- Any romantic or sexual relationship with a member of the same Drug Court treatment group is prohibited;
- Any romantic or sexual relationship with another Drug Court member must be reported to counseling and the Case Manager; and
- d. The Judge may prohibit any romantic or sexual relationship at any time during the Drug Court program if it is determined that such relationship is detrimental to any Participant's progress in recovery.
- Obey all laws. If you have been charged with a violation of any law, you must notify your Tracker immediately and the Uintah County Attorney's Office within 72 hours.
- 11. Report all law enforcement contacts. If you have any contact with law enforcement (even if you are not charged), notify the officers during the contact that you are in Drug Court and notify your Tracker immediately thereafter.
- 12. Notify your health care provider that you are a Drug Court Participant before receiving any prescriptions. You must also receive permission from the Judge, your Counselor, and your Tracker to take any medication, including prescription medication or overthe-counter medication. Prescriptions for similar drugs from more than one health care provider may be grounds for termination from the program, unless approved by the Court. You must sign a release if the Judge or the Tracker determines that it is necessary to contact the health care provider to clarify whether the prescription is warranted.
- 13. Call the Drug Court Color Line (781-6706) every day between 5:00PM and 6:00PM to determine if you are to appear at the Drug Court office for a test.
- 14. Notify the Case Manager immediately if any of your personal information (address, phone number, email, online identities, employment, education, parenting status, educational status, etc.) changes.

- 15. Pay your weekly fees on time. Failure to pay regularly may result in sanctions or termination from the program.
- 16. If you are on probation with the Department of Corrections, you are to sign and abide by the terms of your probation or parole agreement.
- 17. Obtain and maintain full time employment, parenting, or schooling, or a combination of those. If you do not have full-time employment, parenting, or schooling, you are required to report each day to the Drug Court office by 9:00am. At that time, you will be required to complete four hours of community service, followed by four hours of employment search. You are required to report your employment search efforts to your Case Manager daily. You may also be required to spend Friday, Saturday, and Sunday in jail each week until you obtain full-time employment.
- 18. Comply with restrictions made by the court, including, but not limited to: a) conditions of employment; b) curfew; c) who you are allowed to associate with; d) electronic monitoring; and e) obtaining and maintaining a drug and alcohol free residence.
- 19. Abide by the following curfew:Phase One = 10:00pm; Phase Two = 11:00pm;Phases Three & Four = Midnight.
- 20. Notify your Tracker immediately if you use, or desire to use, any drug or alcohol product.
- 21. Comply with all rules established by Northeastern Counseling. Complete all necessary evaluations, including any follow-up evaluation after graduation.
- 22. Maintain confidentiality as you participate in group counseling. Do not disclose any identifying information about anyone in the group or any details as to what was discussed in group. Do not disclose any information about other group members.
- 23. Give and accept feedback. Keep an open mind when receiving feedback from other group members. Do not allow others to avoid subjects of discussion just because they are difficult to discuss. Do not defend them, joke about the topic, or change the subject. Do not make snide remarks or name-call other Participants in the group.

- 24. Do not glamorize drug use. This evidences denial and minimization. It can also trigger addictive thinking in others.
- 25. If you are in Phase One or Phase Two, you will be required to wear an ankle monitor if you leave town. If you are in Phase Three or Phase Four, you may be required to wear the ankle monitor when you leave town, if requested to by the Tracker. The associated cost will always be paid by the Participant.

DRUG COURT FEES

FEES IN GENERAL

In general, you will be required to pay \$35.00 per week to continue participation in the program. Your fees only cover approximately 30% of the cost of your participation in the Drug Court program. The remainder of the cost is paid by Uintah County, the State of Utah, the Federal Government, and/or private donations. Paying a portion of your own treatment cost is part of your recovery.

FEES AND GRADUATION -- FEES AND TERMINATION

You will not be allowed to graduate unless your fees are paid in full. If your participation in Drug Court is terminated, any fees owed will be converted to a judgment and you will be ordered to pay all past due fees.

BALANCE LIMITS AND DELINQUENT FEES

Participants can have a fee balance of up to \$105.00. If at any time your fee balance exceeds this amount, you will be required to attend the next scheduled Drug Court session. At that hearing, you will be required to explain to the Judge why you are not paying your fees. Any time you are required to attend court for a fee balance review, you may go to jail until your fee balance is paid in full.

BUDGET

If you get behind in your fees, your Case Manager may require you to prepare and submit a three-month budget to your Case Manager, with supporting documentation concerning income and expenses. If you do not abide by the budget, you may face additional sanctions.

ZERO BALANCE = FIRST IN, FIRST OUT

In the event that your fees are paid in full at the time of a Drug Court session, you will be called at the beginning of the calendar and allowed to leave court as soon as you have spoken with the Judge (unless there are other issues pending). "Paid in full" means all fees paid, including the current week.

DRUG TESTING

TESTING IN GENERAL

Uintah County Drug Court uses urine, saliva, transdermal and breath testing equipment. Drug test are designed to provide the Judge, your Tracker, your Case Manager, and your Treatment Provider with an objective indication of your progress in becoming and remaining drug free. Advancement from one phase of the program to another, as well as graduation, will depend, in part, on consecutive drug-free tests.

It is very important for you to realize that it is your responsibility to inform the Drug Court staff BEFORE the sample is provided if you have any reason to believe that a sample will be positive. Where a sample tests positive for controlled substance or alcohol, your failure to disclose use BEFORE the sample is submitted will result in a significantly harsher sanction than if you admit your use first. Honesty will allow you to avoid the harsher sanction and will demonstrate to the Drug Court program that you are actively engaged in learning to control your addiction.

TESTING COLORS

Each phase of Drug Court is assigned a color for testing, as follows:

Phase One: RED

• Phase Two: RED, with BLUE as incentive

• Phase Three: GREEN, with RED as sanction

 Phase Four: GREEN, with RED as sanction and YEL-LOW as incentive

You may be required to test more regularly than the default color for your phase. If you perform well, you may be allowed to test less frequently than the default for your phase (except for Phase One).

An admission of drug use or a positive test result will not be used as evidence of a new crime.

TESTING PROTOCOL

Drug testing is conducted on a random basis. You will be tested more frequently early in the program. Testing requirements should decrease as you progress through the Drug Court program. As a Drug Court Participant, you will be assigned a color. You are to call the Drug Court Color Line (781-6706) every day between 5:00PM and 6:00PM to determine if you are to appear at the Drug Court office for a test.

If the Color Line message includes your color, you will be required to test that day. You must report that day to the Uintah County Drug Court office between 6:00PM and 9:00PM to provide a sample. Once you arrive at the Drug Court office, you will have 30 minutes to provide a sample. You may not leave the Drug Court office before providing a sample. If you fail to report, fail to provide a sample in a timely manner, or leave before providing a sample, you will be sanctioned for having a positive drug test. To be excused from testing, you must make arrangements with your Case Manager or Tracker BEFORE 6:00 PM on the day you are required to test. Otherwise, it will be considered a missed test and will be sanctioned.

Each time you report for a test, you will be required to disclose all medications, including prescription and overthe-counter medications, you have taken within the last three days. Failure to disclose any medication prior to testing will be considered a positive test. Remember, before taking any medication, you must first have approval from your Drug Court Tracker or Case Manager, and your Treatment Counselor. Failure to obtain permission prior to taking the medication will be considered a violation of the court rules and sanctions will be imposed.

Refusal to submit to a test, or failure to test for any reason, is considered a positive test. Tampering with, adulterating, or attempting to provide a false urine, breath or saliva sample will result in serious sanctions, including termination from the Drug Court program. All Participants must provide non-diluted urine samples. Evidence of regular dilution of urine samples will result in more frequent testing and may also result in sanctions or termination from Drug Court.

All drug tests are monitored. For urine tests, this means that one of the Drug Court staff will watch you provide the urine sample. Failure to cooperate with the Drug Court staff on any collection or test will be considered a positive test. Drug Court staff are entitled to request your full cooperation to insure that the sample is not being tampered with.

In the case of a urine sample, after collection either you or Drug Court staff will seal the cup with tamper-resistant tape and place a bar code label on the sample. You will be required to initial the sample cup. The sample will then be placed in secure storage until the testing is completed.

If a sample tests negative, it will be discarded after the test. If a sample tests positive for controlled substance or alcohol, the following process will take place:

- The Participant will be notified that a sample has tested positive. The Participant will be given the opportunity to admit any use that resulted in the positive test. If the participant admits the positive test, the Participant will receive reduced sanctions from the Court.
- The Drug Court team will be notified that the participant has a positive test and that the Participant either admitted a use OR that the Participant wishes to contest the positive test.
- If the Participant contests the positive result, arrangements will be made to immediately send the sample out for GC/MS (Gas Chromatography/Mass Spectrometry) confirmation testing at an independent lab.
- 4. **If the confirmation testing is negative**, the Participant will be notified of the result and no sanction will be imposed.
- 5. If the confirmation testing is positive, the Participant will be: a) sanctioned for the use; AND b) sanctioned for failing to admit the positive test when first notified; AND c) sanctioned for failing to admit the use before submitting the sample. Each of those three sanctions will increase in severity.
- 6. The local lab will also assess a \$60.00 fee for all samples sent out for confirmation that are confirmed positive. This additional fee covers the cost and time associated with sending the positive test out for confirmation.

Remember that as a Drug Court Participant, you are always subject to random drug and alcohol test at any time as requested by the Judge or Tracker.

MEDICATION, PRESCRIPTION DRUG, HERBAL SUPPLEMENTS, AND OTHER SUB-STANCES POLICY

In addition to any illicit controlled substance or alcohol use, any medication, drug, or herbal supplement that you take must be reported BEFORE you use the substance. You must also report the use BEFORE any drug test sample is collected. Proof that you are taking the medication, drug, or herbal supplement should be given to the Case Manager. To provide guidance, the following are classes of drugs that are covered under this policy:

- Stimulants, Hypnotics, Sedatives, Anxiolytics (anxiety), Opiates/Opioids, Barbiturates
- Any herb that causes a "high" (including, but not limited to, Salvia and "Spice")
- Any medication or food that contains any amount of alcohol or that will result in a positive test (e.g., poppy seeds)
- Any substance which is not for human consumption
- Any substance against which the FDA has issued a warning or a ban

PRESCRIPTION WAIVERS

You are required to have any doctor prescribing any substance fill out a waiver form acknowledging that you are participating in Drug Court and that you are drug-dependent. It is your responsibility to ensure that the waiver is completed and delivered to the Drug Court BEFORE you consume the substance. It is also your responsibility to know what your drugs of choice are. Your list of drugs of choice must include all of the drugs that you are diagnosed as being dependent on. You should talk to your Counselor about your dependency diagnosis so that there is no question as to your drugs of choice.

Unless you are granted special permission by the Drug Court team (Tracker, Case Manager, Counselors, Judges, and Administrators), uses of certain classes of medication, drug, or herbal supplement (whether prescribed or not) will delay your ability to progress in Drug Court. This delay will continue until you are off the medication, drug, or herbal supplement.

If you feel that it is necessary to be on a medication, drug, or herbal supplement for longer than one month and special permission is not granted, you will need to choose between: 1) taking the medication, drug or herbal supplement; OR 2) continuing your participation in the Drug Court program. If you or your doctor are

unsure as to whether or not a particular medication, drug, or herbal supplement is in the class of drugs that is prohibited by the Drug Court program, the waiver form should be filled out. Emergency medications are no exception. It is in your best interest to have a waiver form in your possession at all times.

MEDICATION ASSISTED TREATMENT (MAT)

The Uintah County Drug Court Program accepts participants who, with professional medical advice, voluntarily elect Medication Assisted Treatment (MAT) as part of their treatment protocol, provided that the therapy is available through state or federal funding, Medicaid, private insurance, or private pay.

In addition to traditional treatment for chemical dependency, this population, at the sole discretion of the Court, may be assigned to a Medication Assisted Treatment docket and may remain on that docket as long as the Court considers the assignment to be in the best interests of any Participant. The MAT docket must be staffed by team members who possess advanced knowledge of MAT issues and therapy techniques. Random drug testing and prescription consumption audits will be used to ensure medication compliance, as well as program requirement adherence. MAT docket participants may be required to attend specifically designed treatment modules used to address recovery issues.

The use of medication prescribed for addictive disorders have various levels of abuse potential, ranging from non-existent risk to high risk of abuse. This creates recovery issues that require Court oversight. The Uintah County Drug Court Program does not provide direct medical treatment; however, the Court expects drug court participants who select MAT as part of their recovery protocol to adhere to the following treatment philosophy or be subject to termination from the program:

- Select a court-approved, credentialed addiction specialist medical professional (e.g., ASAM or SAMHSA) or physician with advanced knowledge of recovery issues.
- Use effective medication(s) with the lowest risk of abuse for the treatment of addiction disorders or cooccurring disorders.
- Discontinue medications that are abused or diverted after the participant and/or drug court team have made reasonable efforts to increase compliance.
- Document a trial of cessation of MAT under the supervision of the previously approved, credentialed addiction specialist and the MAT team, including titration from medication(s) which contain agonist properties while engaged in the drug court program.
- Demonstrate treatment engagement and program compliance to achieve the goals of sustainable recovery.

The Uintah County Drug Court Program will support participants in the development of a Sustainable Recovery Plan (SRP) to prevent relapse and promote long-term recovery following program completion. The SRP focuses on long-term treatment plans and skillful transition plans that extend beyond drug court completion. In addition to other graduation requirements, MAT drug court participants are expected to meet the following sustainable recovery goals prior to program completion:

- Sustained abstinence from all non-prescription psychoactive substances;
- Low and infrequent drug cravings/thoughts;
- Medication compliance with anti-craving medications and/or (if applicable) medications for co-occurring disorders;
- Demonstrated ability to use non-addictive and cognitive behavioral coping strategies;
- Engagement in a sober social support and accountability network; and
- Demonstrated ability to identify the need, and to have the ability, to re-engage MAT services with an approved community-based addiction specialist or treatment program prior to relapse. Drug court participants who elect to continue MAT services, in the event that the MAT abstinence trial proved ineffectual, must exhibit SRP plans for ongoing pharmacotherapy and treatment plans for relapse prevention prior to graduation.

Participants on the MAT docket must authorize communication between the Court / Drug Court team and all medical professionals writing any prescription for that client to guard against the issue of unnecessary drugseeking behavior.

INCENTIVES IN DRUG COURT

INCENTIVES OVERVIEW

Incentives are an important part of recovery. The program is structured to reward you for your active and committed participation. There are many incentives available to you as you diligently complete the Drug Court program, including:

- A drug-free / alcohol-free life;
- Stability in your family and personal relationships;
- · Avoiding lengthy incarceration;
- Reduction in serious charges, per the terms of your plea agreement;
- Avoiding the stress of being caught breaking the law and the confidence that comes with living a lawabiding life;
- Acknowledgement from the Court of accomplishments such as: progress in treatment program; obtaining GED; or obtaining / maintaining employment:
- Moving from one phase to another quickly;
- Moving from Phase One to Phase Two in 12 weeks = \$100 fee credit
- Moving from Phase Two to Phase Three in 30 weeks
 \$200 fee credit
- Moving from Phase Three to Phase Four in 24 weeks
 = \$100 fee credit
- Being ready to graduate within 10 weeks after entering Phase Four = \$100 fee credit
- Draw from the Fishbowl, gift certificates for a local restaurant or recreational activity;
- Presentation of a diploma for advancement from any phase of the program;
- Perfect performance during the first month of ANY phase = Membership to the Uintah County Recreation Center (USE IT, OR LOSE IT - must use at least three times per week);
- Zero-Fee-Balance = First In, First Out of Court
- Recognition for 30, 90, 180, 270, 360 and 540 days of demonstrated sobriety;

NOTE: You will not eligible for incentives if you have any pending violation(s). You must resolve pending violations with the Court before receiving incentives.

PARTICIPANT PIGGYBANK

Upon entry to the Drug Court program, you will receive a \$1,000 credit to your Participant Piggybank. This is an investment in your future drug-free life. If you complete the program without any sanction, you will receive the full \$1,000 when you graduate. If you choose to violate Drug Court rules, some or all of the \$1,000 will be taken away, per the sanction table and the order of the Court.

Once the entire \$1,000 is depleted to zero, any further amounts taken from the Piggybank will be treated as fines that you will be required to repay. If you are terminated from the Drug Court program, your Participant Piggybank will be zeroed out. If you have a negative balance at that time, it will be converted to a fine that you will have to pay.

SANCTIONS IN DRUG COURT

SANCTIONS TABLE

At the end of this handbook, you will find a table of offenses and sanctions for each offense. You are instructed to familiarize yourself with the sanctions on this table. Violations of program rules will result in sanctions being imposed.

REMEMBER: THE SANCTIONS LISTED IN THIS HAND-BOOK ARE ONLY INTENDED TO GIVE YOU SOME EXPECTATION OF SANCTIONS RELATED TO VIOLATIONS OF DRUG COURT RULES. ALL SANCTIONS ARE SUBJECT TO THE FULL DISCRETION OF THE DRUG COURT JUDGE.

COMMON SANCTIONS

- Increased frequency of drug testing;
- Payment of a fine;
- Jail and / or house arrest (with ankle monitor);
- Community service;
- Preparation and presentation of an essay on your rule violation;
- Increased frequency of reporting to Court, Case Manager, Tracker, etc.;
- Written apology to team / participants
- Letter to arresting officer or other person;
- Write your obituary;
- Prepare a budget;
- Interview a higher phase participant and report;
- Purchase \$10 gift card for fishbowl;
- Prepare daily schedule;
- Journaling assignment;
- Team round-table with client;
- Termination from the Drug Court program.

VIOLATIONS IN EXCESS OF 3RD OFFENSE

Any violations in excess of a 3rd offense will be considered for more serious sanctions than a third offense OR will result in termination from the Drug Court Program.

COMMUNITY SERVICE

All community service must be performed at a location approved by the Case Manager. Any community service imposed as a sanction is to be completed immediately, continuing on consecutive days until all hours have been performed. If your sanction includes time in jail AND

community service, you are required to perform your community service immediately upon your release from jail.

PROXIMITY TO DRUGS OR ALCOHOL

The sanction may be the same if you are in a location where drugs or alcohol are being used, even if you are not using drugs or alcohol. You cannot be in the same location where drugs or alcohol are being used.

SANCTIONS IMPOSED BY TRACKER

Under certain circumstances as defined in the sanction schedule, and your plea agreement, the Tracker will have the authority to immediately arrest Participants for violation of Drug Court rules.

SANCTIONS AND HONESTY

As a general rule, the earlier you can be honest with yourself and honest with the Drug Court staff, the better situated you will at the time sanctions are imposed. The Judge will always take into consideration your honesty (or lack thereof).

THERAPEUTIC ADJUSTMENTS IN DRUG COURT

Upon the recommendation of the Treatment Provider, and often (but not always) in connection with violation of program rules, the Court may order adjustments to your treatment. These adjustments are made in an effort to tailor your treatment to your performance and abilities.

INPATIENT TREATMENT

The Judge may order that you attend an inpatient treatment program for a period of time. If this is ordered, you will be required to pay for that treatment.

PHASE ADJUSTMENT

If you demonstrate that you did not successfully incorporate the techniques and skills targeted by the treatment in a specific phase of the program, the Court may order that you return to a previous phase to re-engage in that portion of the treatment process.

DELAY ADVANCEMENT

If you demonstrate that you cannot abide by program rules, the Court may choose to delay your advancement in an effort to provide you additional time to develop the skills necessary to be successful in the program.

SELF-HELP MEETING ATTENDANCE / INVOLVEMENT

The Court may order you to attend Self-Help meetings as frequently as multiple times per day. The Court may order you to involve yourself more fully in such support groups that are external to the Drug Court program in an effort to create a support structure that can continue once you finish your involvement in the Drug Court program.

TREATMENT PROGRAM DETAILS

Northeastern Counseling Center has established a treatment program for all Drug Court Participants. You will be evaluated for the severity of your addiction to determine both your eligibility for the Drug Court program and to help design your treatment program. The treatment program includes assessment, evaluation, individual and group counseling, relapse prevention, Self-Help, and ancillary services such as vocational rehabilitation, family counseling, medical services, educational, recreational, spiritual and community support services.

Although each phase is designed to be completed in a certain number of weeks, you must be aware that such numbers serve only as rough guidelines. No Participant will be allowed to complete a phase faster than the number of weeks specified. In fact, most Participants will take longer than the specified number of weeks to advance.

EVALUATIONS

In order to identify trends, improve the Drug Court program and determine success, all Participants will be completing evaluations and questionnaires during the Drug Court program and after graduation.

SELF-HELP MEETINGS

Participants are required to attend at least three Self-Help meetings per week (one of which may be a church meeting, if approved by the Case Manager, whether Self-Help related or not). It is the Participant's obligation to attend meetings that will verify the Participant's attendance. Each week when you report to your Case Manager, you will be required to bring proof of your attendance to the required number of self help meetings. If you do not have proof with you, or if you have not attended the required number of meetings per week, you will receive sanctions.

TREATMENT PROGRESS

Failure to advance in your treatment in a timely manner may result in termination from the Drug Court Program. The specific obligations that you are under in each phase in order to progress are outlined as follows:

TREATMENT DETAILS: PHASE ONE

- An evaluation, including the Addiction Severity Index (ASI) and Risk and Needs Triage (RANT), and a psychological evaluation, if necessary;
- Individual counseling for 1 hour, 1 time weekly;
- Intensive Outpatient Program (IOP) for 2 hours, 4 times per week, with one group handled by nurse to cover general health care;
- Self-Help attendance or other meeting as approved by Counselor, 3 times weekly;
- Obtaining an Self-Help sponsor and complete at least through Step Three (or equivalent);
- Phase One is designed to last approximately 8 weeks. Failure to move from Phase One can limit access to the program for other Participants. Failure to move to Phase Two within 16 weeks will result in an increase in weekly fees by \$10.00 each week that the Participant has not moved to the next phase; and
- Complete GED paperwork (if applicable).

To advance to Phase Two, you must achieve the following:

- ✓ Successfully complete IOP and be recommended for advancement;
- ✓ Attend at least 3 Self-Help sessions in each week for at least 6 consecutive weeks;
- ✓ Obtain a sponsor from your Self-Help group;
- ✓ Regular attendance at individual and group counseling sessions, as recommended;
- ✓ At least 10 consecutive weeks of negative drug tests and without alcohol consumption;
- ✓ Be current with Drug Court fees;
- ✓ Be recommended for advancement by Northeastern Counseling Center, the Tracker, the Case Manager, and approved by the Judge;
- √ Have no pending sanctions;
- √ Have completed at least Step Three (or equivalent) in a Self-Help program;
- ✓ Have GED paperwork completed (if you do not have a diploma or GED); and
- ✓ If on probation, you must be meeting all requirements of probation.

TREATMENT DETAILS: PHASE TWO

- Re-administration of ASI to help determine positive changes;
- Individual counseling for 1 hour, every other week;
- Group therapy (some of which will be open for family member participation) for 1.5 hours, one time per week;
- Vocational skills training, as recommended;
- Educational skills training, as recommended;
- Self-Help attendance, at least 3 times weekly;
- Enroll in GED classes (if applicable);
- Phase Two is designed to last approximately 24 weeks. Failure to move from Phase Two can limit access to the program for other Participants. Failure to move to Phase Three within 48 weeks will result in an increase in weekly fees by \$10.00 each week that the Participant has not moved to the next phase.

To advance to Phase Three, you must achieve the following:

- ✓ Regularly attend individual, group, and (if applicable) family counseling;
- ✓ Attend 3 Self-Help sessions in each week for at least 6 consecutive weeks;
- ✓ Attend alumni group meetings regularly;
- ✓ At least 18 consecutive weeks of negative drug tests and without alcohol consumption;
- ✓ Be current on Drug Court fees;
- √ Obtain a drug-free living environment;
- ✓ Be recommended for advancement by Northeastern Counseling Center, the Tracker, the Case Manager, and approved by the Judge;
- √ Have completed at least Step Five (or equivalent) in a Self-Help program;
- ✓ Be currently enrolled in GED classes (if you do not have a diploma or GED); and
- ✓ If on probation, you must be meeting all requirements of probation.

TREATMENT DETAILS: PHASE THREE

- Re-administration of ASI to help determine positive changes;
- Individual counseling, 1 hour, every other week;
- Group therapy (some of which will be open for family member participation) for 1.5 hours, one time per week:
- Vocational skills training, as recommended;
- Educational skills training, as recommended;
- Self-Help attendance, at least 3 times weekly (attendance in Alumni Group may count as one meeting);
- Continue in or complete GED classes (if applicable);
- Phase Three is designed to last approximately 16 weeks. Failure to move from Phase One can limit access to the program for other Participants. Failure to move to Phase Four within 32 weeks will result in an increase in weekly fees by \$10.00 each week that the Participant has not moved to the next phase.

To advance to Phase Four, you must achieve the following:

- ✓ Regularly attend individual, group, and (if applicable) family counseling;
- ✓ Attend 3 Self-Help sessions in each week for at least 6 consecutive weeks;
- ✓ Attend alumni group meetings regularly;
- ✓ At least 24 consecutive weeks of negative drug tests and without alcohol consumption;
- ✓ Be current on Drug Court fees;
- ✓ Obtain a drug free living environment;
- ✓ Be recommended for advancement by Northeastern Counseling Center, the Tracker, the Case Manager, and approved by the Judge;
- ✓ Have completed at least Step Seven (or equivalent) in a Self-Help program.
- ✓ Be currently enrolled in GED classes (if you do not have a diploma or GED).
- ✓ If on probation, you must be meeting all requirements of probation.

TREATMENT DETAILS: PHASE FOUR

- Completion of Phase Four will make you eligible for Drug Court graduation;
- Mandatory participation in Alumni Group;
- Vocational training, as recommended;
- Educational training, as recommended;
- Self-Help attendance, at least 3 times weekly;
- Phase Four is designed to last approximately 8 weeks. Failure to graduate can limit access to the program for other Participants. Failure to graduate within 16 weeks will result in an increase in weekly fees by \$10.00 each week that the Participant remains in Phase Four.

To graduate, you must achieve the following:

- √ Regularly attend Alumni Group throughout Phase Four;
- Attend at least 3 Self-Help sessions in each week for at least 18 consecutive weeks;
- ✓ Attend alumni group meetings regularly;
- ✓ At least 26 consecutive weeks of negative drug tests and without consumption of alcohol;
- ✓ Be current with Drug Court fees;
- ✓ Be living in a drug-free environment;
- ✓ Be engaged in full-time employment, schooling or parenting or a combination thereof;
- ✓ Maintain regular contact with your Self-Help sponsor:
- √ Have completed Step Twelve (or equivalent) in a Self-Help program;
- ✓ Obtain GED (if applicable);
- ✓ Successfully pass a Graduation Audit; AND
- ✓ Be recommended for graduation by Northeastern Counseling Center, the Tracker, the Case Manager, and approved by the Judge.
- ✓ If on probation, you must be meeting all requirements of probation.

POST-GRADUATION

AFTER CARE

Participants are required to participate in mandatory aftercare for six months after graduation (per the terms of your plea agreement). The requirements for this will be:

- Test on average of at least one time per month randomly;
- Attend alumni group regularly;
- Attend Self-Help meeting three (3) times per week;
- Complete an aftercare evaluation at the Participants expense with the Treatment Provider.

These conditions must be met to be eligible for you to receive the benefits of your plea agreement.

POST-GRADUATION EVALUATION

One of the conditions necessary to complete your Drug Court obligation will be to complete an evaluation six months after graduation.

RECEIVING THE BENEFITS OF YOUR PLEA AGREEMENT

Compliance with the Drug Court program rules and After Care is a requirement for your to receive any benefits specified in your plea agreement.

Receiving the benefits specified in your plea agreement will not be automatic. If you are eligible, you must make the request and present evidence to the court that you have graduated from Drug Court and complied with all the aftercare requirements and evaluations.

TERMINATION FROM DRUG COURT

This section is at the very end of the Participant Handbook for a reason. The last thing the Drug Court team wants is for any Participant to be terminated from the program. These are actions that only you can choose to avoid. While there is no absolute criteria which will automatically result in the termination of your participation in Drug Court, the following may subject you to termination from the program:

- new warrants, new arrests, new pleas (including pleas in abeyance), or new convictions;
- attempts to dilute, flush, or tamper with urine samples;
- any purchase, possession or use of any product or substance designed or used to affect the results of a Participant's drug testing in any way (including the use of foreign urine);
- contesting a test that is later confirmed positive by GC/MS;
- lying to a Drug Court official;
- any breach of confidentiality concerning information learned in connection with treatment;
- failure to consistently abide by Drug Court rules;
- violence toward any Drug Court Participant or Staff;
- inappropriate relationship(s) within the Drug Court program;
- repeated positive drug or alcohol tests;
- repeated absences or tardiness for court sessions, check-ins, treatment, or Self-Help meetings;
- failure to regularly pay fees;
- any other violation of the Drug Court rules or orders of the Judge.

Decisions regarding Drug Court termination will only be made after a hearing where you will have the right to have an attorney assist you and a right to be heard. The Drug Court Judge may consult with your treatment Counselor, the Tracker, the Case Manager, the Drug Court Administrator, or any other person involved in your participation and treatment, as part of determining whether to terminate your participation in Drug Court. If you are terminated from the Drug Court program, you will be subject to penalties in accordance with your original plea agreement.

CONCLUSION

The Drug Court program in Uintah County is designed to assist drug addicts to achieve total abstinence from illegal drugs and alcohol. The program is designed to promote self-sufficiency and involve you in the community as a productive and responsible citizen. The program is voluntary and is your choice. The Judge, Drug Court Administrator, the Tracker, the Case Manager and all of the Counselors on the treatment staff, as well as the recovering addicts in Self-Help support groups, are here to help you. But in the end, it is up to you choose to live drug-free or not. We want you to succeed.



SANCTION TABLE

VIOLATION	1st OFFENSE	2nd OFFENSE	3rd OFFENSE
Late to Court or Counseling (unexcused)	Piggybank: -\$50		
Missed Drug Court / Missed Counseling Session (unexcused)	No-Bail Warrant / Hold for Judge Write 2-page Essay While in Jail> Present Essay in Court Piggybank: -\$200		
Failure to Report Self-Help Attendance to Case Manager / Insufficient Meeting or Alumni Attendance	Book Club / Read Book from Recovery Literature List Type 5-page Report on that Book> Present report in Court		
Lying to Drug Court Official / Staff (other than TESTING)	• Jail: 24 hours • Piggybank: -\$100	Jail: 24 to 72 hours Piggybank: -\$200	Jail: 24 to 168 hoursPiggybank: -\$300
Forgery of Documentation	Jail: 168 hours OR TERMINATION		
Curfew Violation	• Jail: 24-hour Hold • Piggybank: -\$100	Jail: 48-hour Hold Piggybank: -\$200	Jail: 72-hour Hold Piggybank: -\$300
Inappropriate Relationship with Drug Court Participant	Phase AdjustmentDelay AdvancementSuspension from GroupTERMINATION	TERMINATION	
THREAT of Assaultive Behavior toward Drug Court Participant or Staff	Jail: Hold for JudgeDelay AdvancementSuspension from Treatment	TERMINATION	
Assaultive Behavior toward Drug Court Participant or Staff	TERMINATION		
Missed Drug Test / No Sample	"POSITIVE TEST" sanction x2		
Dilute / Abnormal Test Test Tampering (considered POSITIVE)	See "POSITIVE TEST + DISHONESTY ABOUT USE OR TESTING"; AND TERMINATION		
House Arrest Sanctions NOTE: House Arrest will ALWAYS involve the use of an ankle monitor to track your location.	If you leave your "allowed" zone: • Additional time on the ankle monitor, AND • 1st OFFENSE = Service: 8 hours • 2nd OFFENSE = Service: 8 hours AND Jail: 24 hours • 3rd OFFENSE = Service: 16 hours AND Jail: 72 hours If you go to a "forbidden" zone: • Hold for Judge Dead Battery: • Service: 1 hour per each 15 minutes battery is dead. • If the battery is dead for over 2 hours, then Hold for Judge. • Tampering with a device may result in TERMINATION. • Damage to a device will result in a RESTITUTION ORDER.		
Other Violation of Rules	At the Discretion of the Judge		

VIOLATION	1st OFFENSE	2nd OFFENSE	3rd OFFENSE
POSITIVE TEST: PHASE ONE	Jail: 24 hoursService: 5 hours	Jail: 48 hoursService: 5 hours	• Jail: 72 hours • Service: 10 hours
POSITIVE TEST: PHASE TWO	UA: RedJail: 48 hoursService: 10 hours	 UA: Red Jail: 72 hours Service: 15 hours	 UA: Red Jail: 72 hours Service: 20 hours
POSITIVE TEST: PHASE THREE PHASE FOUR	 UA: Red Jail: 72 hours Service: 15 hours	UA: RedJail: 120 hours (five days)Service: 20 hours	 UA: Red Jail: 120 hours (five days) Service: 25 hours Possible Termination
DISHONESTY ABOUT USE OR TESTING: PHASE ONE	Jail: 48 hoursService: 10 hoursPiggybank: -\$200	Jail: 48 hoursService: 20 hoursPiggybank: -\$200	Jail: 72 hoursService: 25 hoursPiggybank: -\$200
DISHONESTY ABOUT USE OR TESTING: PHASE TWO	 Jail: 48 hours Service: 15 hours Piggybank: -\$300 House Arrest: 2 weeks 	 Jail: 72 hours Service: 20 hours Piggybank: -\$300 House Arrest: 4 weeks 	 Jail: 120 hours (five days) Service: 25 hours Piggybank: -\$300 House Arrest: 4 weeks
DISHONESTY ABOUT USE OR TESTING: PHASE THREE PHASE FOUR	 Jail: 120 hours (five days) Service: 25 hours Piggybank: -\$300 House Arrest: 4 weeks Possible Termination 	 Jail: 120 hours (five days) Service: 30 hours Piggybank: -\$300 House Arrest: 6 weeks Possible Termination 	 Jail: 168 hours (seven days) Service: 35 hours Piggybank: -\$300 House Arrest: 6 weeks Possible Termination

THINGS YOU MUST DO WHEN YOU START DRUG COURT

- EVERYDAY: Call the Drug Court Color Line (435.781.6706) between 5:00 6:00 PM.
- Test on the color RED:

If RED is a color for that day, you must report to the Drug Court Office for testing.

Make contact with the Tracker within 24 hours:

Tracker Name: JAYSON CHAMBERLAIN (435.790.4004)

- Contact Northeast Counseling Center (435.789.6300) and tell them that you are in Drug Court and need to start groups and counseling.
- Report weekly to the Case Manager on Monday:
 Case Manager: JENNIFER LOGAN (435.781.6 705)
- Read the Drug Court Participant Handbook from beginning to end. Follow all the rules.
- Attend at least three Self-Help meetings each week. Make sure the facilitator or meeting secretary signs your Self-Help attendance calendar to verify your attendance.
- Bring your Self-Help attendance calendar with you whenever you report to your Case Manager.
- Give Self-Help information to spouse, child, parent or close family member.
- Do not drink any alcoholic beverage.
- Do not consume any illegal drugs or be where they are being consumed.
- Attend Drug Court on: _____ at 7:45am.

IMPORTANT CONTACT INFORMATION

Eighth District Court	781.9300
Drug Court Administrator	781.5436
Northeastern Counseling Center	789.6300
After-hours Emergency	828.8241
Child & Family Services	781.4250
Human Service	781.4200
Workforce Services	781.4100
Uintah County Jail	781.5422
Uintah County Drug Court Office	781.6706
Adult Probation & Parole	781.5395
Michael Drechsel, Drug Court Administrator	781.5436
Loren Anderson, Drug Court Administrator	781.5436
Jennifer Logan, Case Manager	781.6705
Jayson Chamberlain, Tracker	790.4004
Kit Yack, Drug Abuse and Prevention Coordinator	781.5374
Jennifer Logan, Family Coordinator	781.6705

RECOVERY LITERATURE

FOR DRUG COURT PARTICIPANTS

- 52 Weeks of Esteemable Acts: A Guide to Right Living
- A Life of My Own: Meditations on Hope and Acceptance
- A Woman's Way Through the Twelve Steps
- Addictive Thinking: Understanding Self-Deception
- Alcoholics Anonymous Big Book
- Alcoholics Anonymous Daily Reflections
- An Introductory Guide to Narcotics Anonymous
- As Bill Sees It: The AA Way of Life
- Back to the Basics: The Original Alcoholics Anonymous Beginners' Meeting
- Change Your Mind and Your Life Will Follow
- Dr. Bob and the Good Oldtimers
- Drop the Rock: Removing Character Defects
- Easy Does It for People in Recovery
- Forgiveness: How to Make Peace With Your Past and Get on With Your Life
- God Grant Me . . .
- Happy Hours: Alcohol in a Woman's Life
- Hell in the Hallway
- Hope, Faith & Courage: Stories from the Fellowship of Cocaine Anonymous
- It's Not Okay to be a Cannibal: How to Keep Addiction from Eating Your Family Alive
- Just for Today
- Keep it Simple
- Life with Hope: Marijuana Anonymous
- Living Sober: Some Methods AA Members Have Used for Not Drinking
- Narcotics Anonymous: Just for Today
- Narcotics Anonymous Big Book
- Pain-Free Living for Drug-Free People: A Guide to Pain Management in Recovery
- Rational Recovery: The New Cure for Substance Addiction
- Sister Ignatia: Angel of Alcoholics Anonymous
- Sober But Stuck: Obstacles Most Often Encountered that Keep us from Growing in Recovery
- Sponsorship
- Stage II Recovery: Life Beyond Addiction
- Stage II Relationships: Love Beyond Addiction
- Suffering is Optional: Three Keys to Freedom and Joy
- The Annotated AA Handbook: A Companion to the Big Book
- The Dark Night of Recovery: Conversations from the Bottom of the Bottle
- The Recovery Book
- The Red Road to Wellbriety: In the Native American Way
- The Secret Message of Shame: Pathways to Hope and Healing
- The Steps We Took
- There's More to Quitting Drinking Than Quitting Drinking
- Third Year Sobriety: Finding Out Who You Really Are
- Twelve Steps and Twelve Traditions

FOR FAMILY MEMBERS AND FRIENDS OF ADDICTS

- Al-Anon's Twelve Steps and Twelve Traditions, Revised
- Alateen: A Day at a Time, 4th Step Inventory, & Hope for Children of Alcoholics
- Blueprint for Progress & Blueprint for Progress, Revised
- Boundaries: Where you End and I Begin
- Codependent No More: How to Stop Controlling Others and Start Caring for Yourself
- Co-Dependents' Guide to the Twelve Steps
- Courage to Change: One Day at a Time in Al-Anon II
- From Survival to Recovery: Growing Up in an Alcoholic Home
- Hope for Today
- How Al-Anon Works: For Families & Friends of Alcoholics
- In All Our Affairs: Making Crisis Work for You
- Love First: A New Approach to Intervention for Alcoholism & Drug Addiction
- On Day at a Time in Al-Anon
- Paths to Recovery: Al-Anon's Steps, Traditions, and Concepts
- The Al-Anon Family Groups: Classic Edition
- The Control Freak: Coping with Those Around You. Taming the One Within.
- The Dilemma of the Alcoholic Marriage

PRESCRIPTION DRUG DOCTOR NOTIFICATION FORM

l,	, understand that		_is a Participant in the Uintah County Drug
Court Program and has be	een diagnosed with a drug	dependency problem. I unc	derstand that certain classes of drugs have
a high potential for abuse	and that certain classes of	drugs (hypnotics, sedatives,	anxiolytics, opiates/opioids, barbiturates
and stimulants) may not b	e appropriate for addicts w	hose drug dependence is n	ot in remission, or is still in
early remission. I underst	and that	drug(s) of	choice is / are:
	mon for people who are dr of choice. I am prescribing	ug dependent to substitute	other classes of drugs when they do not
		I antic	ipate that
	will be on this me	dication for	
		Physician or APRN	Date
		Drug Court Participant	Date

If the prescribing physician or APRN has any questions about this form, they may contact the Uintah County Drug Court Case Manager at 435.781.6705 OR Northeastern Counseling Center at 435.789.6300. NCC is not able to release any information without a release of information that is compliant with 42 C.F.R 2.

MEDICAL INFORMATION RELEASE AUTHORIZATION

Name:		
Date of Birth:		
Permission is given to:		
to furnish to the Uintah County Drug Court all in	formation and records of treatment,	
examination, care and other medical records co	ncerning:	
	Signature of Person Named	Date
	Witness	Date