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HEALTH SERVICES
ASSESSMENT COLLABORATION

A systematic review of the literature

March 2008

The effectiveness of compulsory, residential treatment of
chronic alcohol or drug addiction in non-offenders

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Review Team

This review was undertaken by the Health Services Assessment Collaboration (HSAC). HSAC is a collaboration of the Health Sciences Centre of the University of Canterbury, New Zealand and Health Technology Analysts, Sydney, Australia. Marita Broadstock (Senior Researcher) conducted the literature search strategy, prepared the protocol, appraised included papers, and drafted the report. David Brinson (Assistant Researcher) assisted with all aspects of the review process and specifically was responsible for applying selection criteria to titles/abstracts, drafting most of the background and part of the discussion sections, and preparing the executive summary. Consideration of the economic implications of the technology was undertaken by Dr Adele Weston, Director, HSAC.

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- Dr Alex Stevens, Senior Researcher, European Institute of Social Services, University of Kent, Canterbury, United Kingdom
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- Dr Cameron Wild, School of Public Health, University of Alberta, Edmonton, Canada

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A working group provided advisory input to the review (see Appendix A for membership). The systematic review of the evidence will ultimately be used by the Ministry of Health to inform decision making in its review of the Alcoholism and Drug Addiction Act 1966 in conjunction with other information. The content of the

systematic review alone does not constitute clinical advice or policy recommendations.

Acknowledgment is made of the contribution of the working group which undertook an external peer review of a late draft and also assisted with queries throughout the review process.

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Executive summary

Introduction

The purpose of this systematic review was to critically appraise the evidence pertaining to the effectiveness of compulsory detention for residential treatment in people with chronic alcoholism and/or drug addiction. Compulsory detention was considered where it occurred as a civil committal, rather than through the criminal justice system, to be relevant to its use within New Zealand's Alcoholism and Drug Addiction Act 1966.

This systematic review was requested by the New Zealand Ministry of Health's Mental Health Group within the Population Health Directorate. The systematic review was requested, in conjunction with information from other sources, to inform the current review of the Alcoholism and Drug Addiction Act 1966 (ADA) for repeal, replacement or amendment.

Methods

The study research question was: what is the effectiveness of compulsory, residential treatment of chronic alcohol or drug addiction in non-offenders?

A systematic method of literature searching, study selection, data extraction and appraisal was employed in the preparation of this report. The literature was searched using the following bibliographic databases: Medline, Embase, Psycinfo, CSA social services abstracts, CSA sociological abstracts, various databases within the Cochrane Library and the National Guideline Clearing House database. In addition, the bibliographies of included papers were examined for relevant studies. Searches were undertaken in September 2007 and were limited to English-language material.

Studies were included if they reported on comparative studies evaluating the effectiveness of involuntary detention through the civil court for residential treatment of alcoholism/drug addiction. Comparators considered included no treatment, voluntary residential treatment, and involuntary outpatient/community-based treatment.

NHMRC dimensions of evidence, levels of evidence and quality assessment criteria were used to evaluate each of the included studies. Data was extracted onto data extraction forms by one reviewer.

Key results

Efficacy and harm

This report systematically reviewed the international evidence for the effectiveness of compulsory residential treatment of chronic alcohol or drug addiction in non-offenders. The search strategy identified a total of 1121 citations. After consideration of titles and abstracts using the study selection criteria, 192 full papers were retrieved and scrutinised in detail for possible inclusion in the review. As a result, four review publications were eligible for inclusion in the review and were critically appraised. These four reviews described results primarily drawn from the *offender* literature and no primary research paper met the study selection criteria for inclusion in the current review.

From the current evidence base identified in this review, there is minimal evidence reporting on the effectiveness of compulsory residential treatment of non-offenders alone. There is however some weak evidence to suggest that at least some people benefit from compulsory treatment. Many studies reporting on compulsory treatment in populations which include offenders appear to report comparatively positive outcomes, and others less so.

Reviewers have concluded that:

- Compulsory treatment has generally demonstrated better outcomes in terms of treatment *process* (that is, uptake of treatment following referral).
- Longer treatment has been demonstrated to be a consistent predictor of positive therapeutic *outcomes* in the offender literature.
- Some treatment retention studies report lower drop-out rates for clients receiving compulsory treatment as compared to voluntary treatment.
- The generalisability of these findings to compulsory residential treatment in New Zealand's non-offender population is not known.

In the main, the international research evaluating voluntary versus compulsory treatment described above has been conducted within 'offender' populations (that is, within the criminal justice system, for example arrest-referral and diversion schemes) and/or is non-empirical. Within this context, it is extremely difficult to carry out randomised control trials. Of the evidence base considered, the study design, implementation and reporting is generally inadequate for the assessment of efficacy, and results have been inconsistent. Also, there is wide variation in the implied meaning and usage of specific terminology (for example, compulsion, coercion, voluntary, mandated treatment, civil commitment) and this generally makes meaningful comparison of findings difficult.

With respect to this review's scope, some inferences can be drawn from only moderately robust research conducted within other legal frameworks (the criminal justice system) rather than within the civil legal framework as applied in New Zealand. However these studies have tended to be of small heterogeneous populations, without suitable controls, meaningful comparators and/or utilising poorly operationalised baseline and/or outcome variables. It remains difficult to ascertain if the variability in outcomes reported are a function of the compulsory or voluntary nature of treatment, or simply due to differences in individuals' baseline characteristics and personal circumstances.

Despite this equivocal body of evidence, many countries, particularly the United States and Australia, demonstrate an increasing willingness to employ the use of more forceful means of pressuring substance users into treatment. These more forceful means involve a whole range of measures including the many forms of informal coercion through to legal coercion and compulsion, via the criminal justice system. It appears, that in the main, research attention is currently focused on this plethora of coercive means, and the 'drug court' appears to be the contemporary treatment model employed in many Western countries.

There is evidence, mainly anecdotal, that civil commitment for short periods can be an effective harm minimisation mechanism. That is, to provide short term involuntary care in life threatening circumstances. The purpose of such interventions is arguably different to interventions aimed at detoxification and/or rehabilitation.

While alcohol and drug abuse is generally viewed as a chronic condition, acute emergency situations occur, and compulsory civil commitment may be one mechanism to prevent deaths and minimise harm. However, there may be other mechanisms that are as effective, or more so.

Economic implications

A search of the literature indicated that there were no published economic evaluations directly relevant to the current review (that is, compulsory residential treatment of alcohol/drug addiction amongst non-offenders, compared to either voluntary residential treatment, compulsory outpatient treatment, or no treatment). An original quantitative economic evaluation was beyond the scope of the current review particularly in the light of the absence of evidence; however the review discusses the potential cost implications per patient, relative to the health benefits likely to be gained. In addition, the review broadly discusses the economic burden of alcohol abuse (but not drug abuse) to New Zealand society.

- The incremental cost of compulsory detention is essentially nil when compared to voluntary detention, and modest when compared to outpatient treatment or no treatment.
- If compulsory detention were shown to be even moderately more effective compared to outpatient treatment or no treatment, then the resultant cost offsets would mean the intervention would likely be cost-saving.
- Available information suggests that the intervention is likely to be highly cost-effective or dominant, when considered in the context of additional quality-adjusted life years saved through reduced mortality and improved quality of life of the user and others. Unfortunately, insufficient data are available to reliably estimate the incremental benefit at present.

Conclusions

The review conclusions are based on the current evidence available from this report's critical appraisal of literature published on the effectiveness of compulsory residential treatment of chronic alcohol or drug addiction in non-offenders.

Route of referral is but one facet of the treatment process. There is a paucity of research investigating the complex interplay of other treatment factors such as cultural appropriateness, client motivation, perceived coercion, family, whānau and community support, different therapeutic modalities and other psychosocial factors: all of which are likely confounders. Thus, at present, the evidence remains incomplete.

Treatment is perhaps best seen as a sequentially linked chain of events, with route of referral forming just one of the initial processes. As a form of short term harm minimisation, civil commitment may save lives, though this has not been empirically evaluated and there is no evidence of harm. When considering the medium to long term clinical effectiveness of compulsory versus voluntary residential treatment in the non-offender population, strong evidence does not exist.

At present it is not possible to assess the cost-effectiveness of compulsory residential treatment of alcohol/drug dependence due to insufficient clinical evidence. However, given the relatively low cost of the intervention, the costs associated with alcohol/drug addiction, and the poor quality of life experienced by alcohol/drug

addicts and their families/victims, this intervention has the potential to be highly cost-effective relative to less effective treatments or no treatment.

No indigenous research has evaluated New Zealand's alcohol and drug civil commitment legislation in terms of its effectiveness in achieving long-term behaviour change. Thus, there is a need for evaluation studies, using well operationalised baseline and outcome variables, which investigate the complex interplay between client and treatment characteristics within the New Zealand civil context.

Table of Contents

Review Team	i
Acknowledgements	i
Copyright Statement & Disclaimer	ii
Contact Details	ii
Executive summary	iii
Introduction.....	iii
Methods.....	iii
Key results	iii
Efficacy and harm	iii
Economic implications.....	v
Conclusions.....	v
Table of Contents	vii
List of Tables and Figures	ix
List of Abbreviations and Acronyms	x
Glossary	xi
Introduction.....	1
Objective	1
Introduction.....	1
Alcohol and drug abuse in New Zealand: burden of disease	2
Alcohol.....	2
Illegal and other drugs: prevalence (including depressants, opiates hallucinogens)	3
Marijuana	3
Amphetamines	3
Ecstasy	3
Illegal and other drugs: burden of disease	3
Summary of New Zealand's Alcoholism and Drug Addiction Act 1966.....	3
Procedures for application	4
Discharge	5
Service providers	5
Treatment approaches	6
Utilisation.....	6
Context for the proposed review	8
Terminology and degrees of coercion.....	9
Involuntary treatment.....	9
Coercion.....	10
Voluntary treatment	10
Structure of report	10
Methods.....	13

Research questions.....	13
Literature search.....	14
Bibliographic databases	14
Review databases	14
HTA Groups.....	14
Clinical Practice Guidelines.....	15
Assessment of study eligibility	17
Appraisal of included studies.....	18
Dimensions of evidence	18
Data extraction	20
Data synthesis	20
Limitations of the review methodology	21
Evaluation of economic implications.....	23
Results	25
Overview.....	25
Systematic reviews: characteristics.....	25
Systematic reviews: results	26
Body of evidence	27
Economic considerations	31
Economic evaluation literature review	31
Qualitative discussion of incremental cost and outcomes	32
Discussion.....	35
Summary of evidence for efficacy and harm	35
Treatment process and therapeutic outcomes	35
Harm minimisation	36
Drug use and crime	36
Motivation, coercion and engagement with treatment.....	36
Summary of evidence for economic considerations	36
Limitations of evidence base	37
Recommendations for future research	39
Conclusions.....	39
References.....	41
Appendix A: Working Group Membership	45
Appendix B: Included Studies.....	46
Appendix C: Excluded Studies Annotated by Reason for Exclusion.....	47
Appendix D: Quality checklists for appraising interventions	131
Appendix E: Data extraction tables	132

List of Tables and Figures

Table 1	Outcomes of applications for granted orders for detention, 1995- 2006	8
Table 2	Criteria for determining study eligibility	13
Table 3	Nature of the evidence	14
Table 4	Search strategy	16
Table 5	Application of selection criteria to citations	18
Table 6	NHMRC Dimensions of evidence	18
Table 7	NHMRC interim levels of evidence	19
Table 8	Quality criteria for different levels of evidence	20
Table 9	Reporting biases in systematic reviews	22
Table 10	Systematic reviews: characteristics.....	28
Table 11	Systematic reviews: results	29
Table 12	Working group	45
Table 13	Data extraction table: NICE (2007)	132
Table 14	Data extraction table: Pritchard et al. (2007)	134
Table 15	Data extraction table: Swan and Alberti (2004)	137
Table 16	Data extraction table: Wild et al. (2002).....	139
Figure 1	Matrix of physical harm and dependence across the more common drugs of addiction	2

List of Abbreviations and Acronyms

AA	Alcoholics Anonymous
ADA	New Zealand's Alcoholism and Drug Addiction Act 1966
AHRQ/USPSTF	Agency for Healthcare Research and Quality (formerly AHCPR) (USA)
Alafam	Family-oriented conceptual models of alcoholism
ANZHSN	The Australia and New Zealand Horizon Scanning Network
AOD	Alcohol or Drug
CADTH	The Canadian Agency for Drugs and Technologies in Health
CJS	Criminal Justice System
DSM-IV TR	Diagnostic and statistical manual of mental disorders, 4 th and revised edition
HSAC	Health Services Assessment Collaboration
INAHTA	International Network of Agencies for Health Technology Assessment
MOH	Ministry of Health (NZ)
MSAC	Medical Services Advisory Committee
NHMRC	National Health and Medical Research Council
NICE	National Institute for Health and Clinical Excellence
NZ	New Zealand
NZHTA	New Zealand Health Technology Assessment
QALYs	Quality Adjusted Life Years
QCT	Quasi-Compulsory Treatment
RCTs	Randomised Controlled Trial
SR	Systematic Review
TTO	Time trade off
TSF	Twelve Step Facilitation
U.S./USA	United States of America
WINZ	Work and Income New Zealand
WHO	World Health Organisation

Glossary

Age standardisation: A procedure for adjusting rates designed to minimise the effects of differences in age composition when comparing rates for different populations.

Alafam: Family-oriented conceptual models of alcoholism.

Before and after study: A situation in which the investigator compares outcomes before and after the introduction of a new intervention.

Bias: Deviation of results or inferences from the truth, or processes leading to such deviation. Any trend in the collection, analysis, interpretation, publication, or review of data that can lead to conclusions that are systematically different from the truth.

Blinded study: A study in which observers and/or subjects are kept ignorant of the group to which they are assigned. When both observers and subjects are kept ignorant, the study is referred to as double blind.

Case control study: An epidemiological study involving the observation of cases (persons with the disease) and a suitable control (comparison, reference) group of persons without the disease. The relationship of an attribute to the disease is examined by comparing retrospectively the past history of the people in the two groups with regard to how frequently the attribute is present.

Case series: A descriptive study of a subset of a defined population (i.e. a single patient or group of patients) which aims to describe the association between factors or attributes which the sample are exposed to, and the probability of occurrence of a given disease or other outcome. Case series are collections of individual case reports, which may occur within a fairly short period of time.

Civil commitment (Australia & New Zealand): The term civil commitment relates to interventions with non-offenders, where no criminal charge is laid. Civil commitment is a sub-classification of compulsory commitment. In Australia and New Zealand, the term civil commitment typically refers to non-offenders, involuntarily committed to treatment due to risk of harm to themselves or others.

Civil Commitment (USA): legally sanctioned, involuntary non-offender and offenders unwilling and/or unable to obtain services on their own.

Civil Procedure: the body of law that sets out the process that courts follow when hearing cases of a civil nature, that is, dispute resolution of *private law issues* between individuals, business entities or non-profit organizations, as opposed to a *criminal* action.

Coercion: The implicit or explicit persuasion of an unwilling person to do something by using force or threats

Cohort study: The analytic method of epidemiologic study in which subsets of a defined population can be identified who are, have been, or in the future may be exposed or not exposed in different degrees, to a factor or factors hypothesised to

influence the probability of occurrence of a given disease or other outcome. Studies usually involve the observation of a large population, for a prolonged period (years), or both.

Compulsion: The action or state of being forced or obliged to do something.

Compulsory/Involuntary treatment/commitment: The terms compulsory and Involuntary relate to interventions over a wide range of both offender and non-offender populations. Compulsory treatment encompasses a wide range of situations including custodial settings and civil commitment. Compulsory treatment refers to treatment where the individual is forced to enter treatment primarily as a result of a legal order, that is, either a civil commitment or an order disposing of a criminal case.

Cost benefit analysis: An economic analysis in which the costs of medical care and the benefits of reduced loss of net earnings due to preventing premature death or disability are considered.

Cost effectiveness (CE): Involves the relationship between costs and effects, providing information on whether a technology is being delivered to those who would benefit from it with an optimal use of resources. It is expressed as a ratio of the effects (number of lives saved, number of disability days avoided) obtained for a specific cost (expressed in dollars). For example, the numerator may be the difference in lifetime costs between one intervention and another, while the denominator may be the difference in life expectancies associated with the two interventions. Low cost effectiveness ratios are desirable.

Criminal Justice System (CJS): the system of, practices, and organizations, used by national and local governments, directed at maintaining social control, deterring and controlling crime, and sanctioning those who violate laws with criminal penalties.

Day patient: A person who is admitted and discharged from hospital on the same day.

Descriptive study: A study concerned with, and designed only to describe the existing distribution of variables, without regard to causal or other hypotheses.

Efficiency: The effects or end results achieved in relation to the effort expended in terms of money, resources and time. The extent to which the resources used to provide a specific intervention, procedure, regimen, or service of known efficacy and effectiveness are minimized.

Evidence based: Based on valid empirical information.

Formal non-criminal coercion: The pressures that substance users experience from non-criminal justice organizations and agencies, including employers and government agencies, for example, random drug testing in the work place.

Generalisability: Applicability of the results to other populations.

Grey literature: That which is produced by all levels of government, academics, business and industry, in print and electronic formats, but which is not controlled by commercial publishers.

Harm minimisation: to lessen the potential dangers and health risks associated with risky behaviours, as an alternative to the prohibition of certain potentially dangerous lifestyle choices. Examples of harm minimisation strategies are needle exchange programs and drug decriminalization.

Heterogeneous: A sample that is diverse in kind or nature; comprised of diverse patients/ subjects/individuals/communities that are unrelated or unlike each other.

Homogeneous: A sample comprising the same kind of patients/ subjects/individuals/communities. Having the same kind of characteristics, being similar and relatively uniform.

Hospitalisations: A term used as an indicator of morbidity of diseases in a community. A hospitalisation in New Zealand health statistics includes inpatients who leave hospital to return home, transfer to another hospital or institution, or die in hospital after formal admission. That is a count of episodes of care rather than individuals.

Informal non-criminal coercion: Involves the ‘pressures’ (but still free-choice) that substance users typically experience from their social environment, including friends, family, and employers.

Inpatient: A person admitted to hospital for medical, surgical or psychiatric treatment, observation or care, which spends at least one night in the hospital. A healthy person accompanying a sick person is included if formally admitted as a boarder.

Involuntary treatment: See Compulsory

Kaupapa: basic idea, topic, plan, principle.

Legal Coercion: A broad class of referral mechanisms involving diversionary programs. For example, pre-arrest, pre-trial, pre-sentence, post-conviction, and pre-release programmes. It is important to note that coerced treatment is not involuntary per se, but rather an “exchange” for a wavering or reduction in a penalty or sentence.

Mandated treatment: Refers to offenders required to attend treatment due to a criminal court or police sanction or status.

Meta-analysis: The process of using statistical methods to combine the results of different studies.

Morbidity: Illness.

Mortality: The number of deaths from a specified disease which are diagnosed or reported during a defined period of time in a given population.

Outpatient: A person who goes to a health care facility for a consultation, and who leaves the facility within three hours of the start of the consultation. An outpatient is not formally admitted to the facility.

Polypharmacy: The administration of two or more drugs together.

Providers: Organisations and health professionals providing health services.

Quasi-Compulsory Treatment (QCT) (European): The treatment of drug-

dependent offenders that is motivated, ordered, or supervised by the criminal justice system and takes place outside regular prisons.

Randomised controlled trial: An epidemiologic experiment in which subjects in a population are randomly allocated into groups to receive or not receive an experimental preventive or therapeutic procedure, manoeuvre, or intervention. Randomised controlled trials are generally regarded as the most scientifically rigorous method of hypothesis testing available in epidemiology.

Residential Treatment Facility: Institutions that treat people under the ADA are residential, inpatient (non-hospital) services. That is, the patient lives at the facility whilst receiving treatment for alcohol or drug addiction. Note that ‘community-based treatment’ and ‘out-patient’ treatment (usually in-hospital) are not currently used for compulsory detention under the ADA

Risk factor: An exposure or aspect of personal behaviour or lifestyle, which on the basis of epidemiologic evidence is associated with a health-related condition.

Voluntary treatment/Self-referral: No offence and ‘free-choice’

Introduction

Objective

The purpose of this systematic review was to provide a summary of the evidence pertaining to the relative effectiveness of compulsory detention for residential treatment in people with chronic alcoholism and/or drug addiction, when compared to a range of comparators. Compulsory detention was considered in the context of New Zealand's Alcoholism and Drug Addiction Act 1966 (ADA), or overseas under similar legislation, such that the process occurs as a civil committal, rather than through the criminal justice system.

The review was requested by the Mental Health Rights & Protection Team, Population Health Directorate, New Zealand's Ministry of Health. The review findings will, in addition to concurrent work streams, inform the Ministry's current review of the Act.

Introduction

There is no doubt that alcohol and drug abuse is inextricably linked with many harmful consequences for the individual, the individual's immediate environment (including that of his or her significant others) and for society as a whole (World Health Organization, 2002, 2007). These may include failure to fulfil social role obligations, family and domestic problems, interpersonal violence, road and other accidents, health issues, and employment difficulties. These impacts can require the attention and resources of health care systems, the civil and/or criminal justice systems, and of other social institutions (A. Stevens, McSweeney, Van Ooyen, & Uchtenhagen, 2005; World Health Organization, 2004, 2007). In many countries, the health, social and criminal justice consequences of problematic alcohol and drug use create a significant economic (as well as social and individual) burden (Beynon, Bellis, & McVeigh, 2006). The cost to society of alcohol abuse alone typically equates to ~1-2% of GDP (Fenoglio, Parel, & Kopp, 2003; Konnopka & Konig, 2007; Nakamura, Tanaka, & Takano, 1993; Varney & Guest, 2002). It has been suggested that globally, only a minority of individuals who need treatment for chronic alcohol and/or drug use actually receive it, and in many communities alcohol and drug abuse treatment is characterised by excess demand and a deficit in resources (Cartwright & Solano, 2003).

An increasing number of countries (including New Zealand) have in place some form of medical or social legislation pertaining to drug and alcohol treatment (World Health Organization, 1999). Such legislation can be broadly divided into three categories: (1) voluntary and compulsory civil commitment (typically confinement to a certified residential treatment facility), (2) legal coercion within the criminal justice system where an offender is offered residential or outpatient treatment as an alternative to a prison sentence, probation or parole, and (3) compulsory reporting, registration, drug testing, and surveillance in the community. Most alcohol and drug legislation is derived on the basis of three assumptions. First, that the decision making capacity of the drug or alcohol dependent person is impaired or sufficiently diminished as to make the person legally incompetent. Second, that these problems place the person at an unacceptably high level of risk. And third, that they place carers and significant-others at an unacceptably high level of risk. In many

countries, particularly the United States and Australia, there is an increasing willingness to employ the use of more forceful means of persuading substance users into treatment, involving a whole range of “pressures” (Wild, 1999; Wild, Cunningham, & Ryan, 2006). In a comprehensive survey of existing policies and legislation, the World Health Organisation (1999) reported that 53 of the 70 countries surveyed had legal provisions mandating various forms of compulsory detention and treatment for alcohol and drug dependence (in addition to voluntary routes of referral).

Alcohol and drug abuse in New Zealand: burden of disease

Substance use disorders encompass a diverse range of drugs, consumption patterns and etiologies. Some of the major drug types and their prevalence and burden of disease in New Zealand are outlined briefly below.

Alcohol

The most commonly available and misused drug in New Zealand is alcohol (Ministry of Health, 2001). A national survey conducted in New Zealand in 2003-2004 found that 19.7% of male drinkers and 11.1% of female drinkers engaged in drinking large amounts of alcohol (more than 6 standard drinks for males and more than 4 standard drinks for females) at least weekly (Ministry of Health, 2007a). Overall there is a causal relationship between alcohol consumption and more than 60 types of disease and injury, and alcohol is estimated to cause about 20–30% of oesophageal cancer, liver cancer, cirrhosis of the liver, homicide, epileptic seizures, and motor vehicle accidents, worldwide (World Health Organization, 2002). In New Zealand there were a total of 9,019 alcohol-related hospital admissions in 2006. Alcohol was the primary diagnosis for 22% of the total (e.g. acute intoxication, dependence, withdrawal, harmful use), and of the remaining 78%, alcohol was the secondary diagnosis (i.e. a contributing or co-occurring diagnosis). The most represented age group for primary diagnosis admissions were young people aged 15-19 years (18.5%), followed by persons 40-44 years (9.9%) (Williams, 2007). There were 142 deaths in 1997 where the underlying cause of death was an alcohol related condition (age-standardised mortality rate 3.3 per 100, 000), and 10% of all deaths due to external causes (for example, falls, motor vehicle accidents, suicide) involved a positive blood alcohol concentration in the deceased.

There is increasing evidence that besides the volume of alcohol consumed, the pattern of drinking is relevant for health outcomes (World Health Organization, 1999, 2004). A recent World Health Organisation study of accident related hospital admissions (World Health Organization, 2007) collected information from 5,410 participating patients admitted to hospital emergency departments in 12 countries including New Zealand. The study found the proportion of injury cases with alcohol involvement ranged from 6% to 45%, and South Africa ranked highest (45%), followed by New Zealand with 36%. The report suggested that the differences between countries were attributable to differing

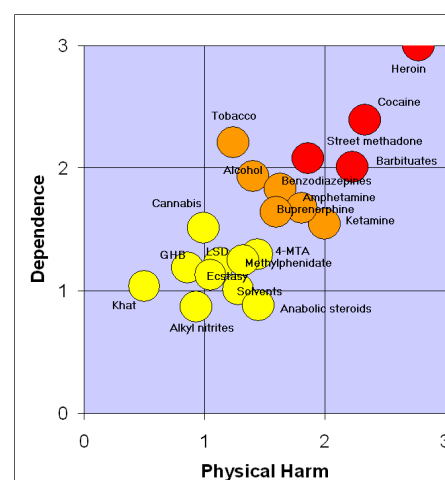


Figure 1: Matrix of physical harm and dependence across the more common drugs of addiction. From: Nutt, King, Saulsbury, & Blakemore (2007)

patterns of consumption (for example heavy episodic or ‘binge’ drinking), cultural differences, differences in alcohol policies as well as differences in service provision. In 1998 there were 26,512 prosecutions for traffic offences involving alcohol and approximately 91 percent of these prosecutions resulted in a conviction (Ministry of Health, 2001).

Illegal and other drugs: prevalence (including depressants, opiates hallucinogens)

Marijuana

Marijuana is the most popular recreational drug used in New Zealand (apart from alcohol and excluding tobacco and caffeine). In the 2003 New Zealand Health Behaviours Survey – Drug use (Ministry of Health, 2007b), 33.6% of New Zealanders aged between 18 and 24 years had used marijuana in the previous 12 months (13.7% in the 13–65 age group). Overall, 44.4% of New Zealanders aged 13–65 years had used cannabis during their lifetime.

Amphetamines

Amphetamines were the second most widely used recreational drug (excluding alcohol and tobacco) in New Zealand, with 6.8% of New Zealanders aged 13–65 years having used amphetamines in their lifetime, and 2.5% of New Zealanders aged 13–65 years having used amphetamines in the last 12 months. An estimated 28.4% (19.5–37.2) of past-year amphetamine users had binged on amphetamines at least once in the last 12 months (that is, used amphetamines continuously for 24 hours or more) (Ministry of Health, 2007b).

Ecstasy

Ecstasy was the third most commonly used recreational drug (excluding alcohol and tobacco). Overall, 3.7% of New Zealanders aged 13–65 years had used ecstasy in their lifetime and 1.9% of New Zealanders aged 13–65 years reported having used ecstasy in the last 12 months (Ministry of Health, 2007b). Overall, an estimated 24.1% of ecstasy users had binged on ecstasy at least once in the last year (i.e., used ecstasy continuously for 24 hours or more).

Illegal and other drugs: burden of disease

During the period 1996–1998 there were 2,722 cannabis-related hospitalisations and in 1998 there were 4.5 publicly funded cannabis-related hospitalisations per 100,000 population. In the same year there were 18,720 prosecutions for offences involving cannabis and 13,120 (70%) resulted in conviction (Ministry of Health, 2001). Between 1996 and 1998 there were 13,678 publicly funded drug related hospitalisations: 9,271 involved depressant-related conditions and/or poisoning by a depressant as the reason for admission or as a secondary diagnosis: 3,955 were opiate-related, 343 hallucinogen-related, and 109 stimulant-related. In 2000 there were 2012 apprehensions for offences involving illegal drugs (other than those involving cannabis) which represents a 46% increase since 1997. About three-quarters of those apprehensions were males (Ministry of Health, 2001).

Summary of New Zealand’s Alcoholism and Drug Addiction Act 1966

New Zealand’s current Alcoholism and Drug Addiction Act (ADA) was passed in 1966 and came into force in 1969. Broadly, the Act defines the mechanisms by

which persons with alcohol and drug addiction disorders may be compulsorily detained within residential treatment facilities for a period of up to two years. The goal of the Act is “to make better provision for the care and treatment of alcoholics and drug addicts” (ADA Act, 1966). The Act applies equally to alcoholics and drug addicts, defined as “persons whose addiction to intoxicating, stimulating, narcotic, or sedative drugs is causing or is likely to cause serious injury to his health or is a source of harm, suffering, or serious annoyance to others or renders him incapable of properly managing himself or his affairs” (ADA Act, Sections 2 and 3). It is of note that the Mental Health (Compulsory Assessment & Treatment) Act (1992), which provides for the compulsory and thorough assessment (and treatment) of persons with psychiatric disorders, *is not* applicable to any person based *solely* on substance abuse (Section 4). Thus, the provision of clinical assessment does not automatically or necessarily extend to persons with single diagnosis drug and alcohol disorders.

Procedures for application

In New Zealand, compulsory treatment may be initiated in four ways,

- a voluntary application for committal (Section 8)
- an involuntary application for committal (Section 9)
- transfer of a prison inmate for treatment by the Minister of Corrections (Section 21)
- involuntary transfer by a police officer of an intoxicated person to his or her residence, a detoxification shelter, or detention in a police cell for the purpose of detoxification for a period not exceeding 12 hours (Section 37).

Section 8 and Section 9 applications are currently the main routes of referral to treatment (summarized below) and are the focus of this review. Both processes occur as civil court proceedings, not through the Criminal Justice System (CJS).

Section 8: Voluntary application

Any person may apply to a district court judge to be compulsorily detained for treatment at a certified residential treatment facility for a period of up to two years. The applicant must satisfy the judge that he or she is an alcoholic or drug addict (by admission of evidence if necessary), and fully understand the nature of the application. Clinical assessment is not a requirement. Further, the managers of a certified residential treatment facility must have the capacity and be willing to admit the applicant to the institution. Note that despite the “voluntary” premise, social pressures are often an integral part of the process of seeking addiction treatment (Allen & Clarke, 2003b; T. C. Wild, Cunningham, & Ryan, 2006; T. C. Wild, Roberts, & Cooper, 2002).

Section 9: Involuntary application

A district court judge may make an order for the compulsory detention and treatment of a person at a certified residential treatment facility for a period of up to two years (on average the period is two to three months) (Allen & Clarke, 2003b). Applications to the judge may be made by a relative (direct relatives, and not *de facto* or same-sex partners), a police officer, or “any reputable person”. The application must be supported by either written or oral evidence from two medical practitioners, to the effect that the person is an alcoholic or drug addict within the definition of the Act. Under Section 9, the burden of proof is on the alleged

alcoholic or drug addict to show why an order should not be made requiring him or her to be detained for treatment. The judge, if necessary, may issue a warrant for arrest of the alleged alcoholic or drug addict for medical examination and/or committal.

Discharge

People committed to a certified residential treatment facility under either Section 8 or Section 9 may be discharged at any time by the institution, or a patient may apply to the court for discharge after six months.

Service providers

Certified institutions that treat people under the Act in New Zealand provide a medium to long-term (6 week – 6 month) intensive, residential treatment programme. That is, the patient lives at the facility whilst receiving treatment for alcohol and/or drug addiction. Note that community-based and out-patient/hospital-based treatment are not currently used for compulsory detention under the Act (Allen & Clarke, 2003b). Broadly, certified treatment facilities engage patients in an intensive residential programme or in a ‘therapeutic community’/‘community reinforcement approach’ (usually underpinned by some form of ‘12-step’ programme and/or other psychological, psychosocial, and/or work-based therapies). A therapeutic community is one which uses the institution (‘the community’) as an aid to recovery, and patients are also supported by the wider external community in which the facility is located (Kennard, 2004).

There are currently four certified institutions in New Zealand that provide residential services for the compulsory detention and treatment of persons with alcohol and drug addiction disorders. These include the Nova Trust Lodge in Christchurch, and the Salvation Army Bridge Programme, operating in three cities (Auckland, Wellington and Christchurch). Currently there are no specifically kaupapa Māori services certified to receive patients under the Act (Allen & Clarke, 2003b).

The **Nova Trust Lodge** provides a 6-month residential, work orientated, alcohol and drug rehabilitation service. Patients need to have a comprehensive alcohol and drug assessment, a long history of dependence, previously attended at least one other recognised alcohol and drug treatment programme, and have been unable to remain alcohol/drug free. All clients are admitted under the ADA Act 1966 whether voluntarily via Section 8 (approximately 30% of clients) or involuntarily under Section 9 (70% of clients) and must be aged 30 years or older. Most admissions are male (83%) although there has been a steady increase in admissions of women over the last four years (Nova Trust, 2007).

Nova is a 60 bed facility funded by District Health Boards, the Ministry of Health, clients’ sickness benefits, and income generated from the work programme. Nova provides residents with services including, but not limited to, a 30-minute individual counselling session each week, compulsory group sessions two to three times per week, weekly self help (AA) meetings, and other courses as required (e.g., anger management). All residents at Nova Trust must participate in the work programme which includes horticulture, maintenance, cooking and household duties.

The **Salvation Army Bridge Programme** provides an integrated treatment service to people whose lives have been affected by the harmful use of, or dependency on, alcohol or drugs. A 6-8 week alcohol and drug treatment programme (not

detoxification) is offered for men and women. Referrals may be by self-referral, medical practitioner, committal via Section 8 or Section 9 of the ADA Act 1966, or via other alcohol and drug agencies. Admission criteria include: alcohol and drug dependency, aged over 18 (usually 20) years, motivated towards abstinence, and solvents not being the primary drug of choice. Comprehensive alcohol and drug assessment is required to access the programme (The Salvation Army, 2007).

The programme aims to provide emotional support through self-help groups and a model of abstinence. The Salvation Army has developed a National Bridge Programme Model of Treatment and this has four elements: the Salvation Army as context, a Partnership approach, the 12 Steps Programme, and the Community Reinforcement Approach (CRA). The Salvation Army's treatment services are based on this theoretical underpinning and include each of these four elements to shape the service delivery (The Salvation Army, 2007).

Treatment approaches

There is considerable ongoing debate about whether alcohol and drug education and/or treatment programmes should be driven by a focus on abstinence *or* harm minimisation. Abstinence from alcohol/drug use will inevitably result in a reduction of drug-related harm, but is not necessarily a realistic objective for many people (Allen & Clarke, 2003a). Both the Nova Trust Lodge and the Salvation Army Bridge Programme include (but are not limited to) treatment elements that can be broadly described as the '12 step' approach and/or are underpinned by Alcoholics Anonymous (AA) fundamentals (Note that the Nova Trust Lodge utilises a predominantly 'work-based' therapeutic programme with optional AA attendance, and the Salvation Army, the four elements of context, partnership, 12 Step and CRA). AA is a well-established international organisation which offers a brief, structured, small group therapy intervention within a model of abstinence. A critical component is sponsorship, wherein an AA member works with newer members to orient them to the programme, offer feedback, and serve as a role model of recovery (Alcoholics Anonymous, 2001). The 12-step approach is an intervention based on the assumption that substance dependence is a spiritual and a medical disease. Although AA incorporates a spiritual approach, there are other 12-step interventions available that do not include spirituality, and these are often labelled Twelve Step Facilitation (TSF).

A recent Cochrane review (Ferri, Amato, & Davoli, 2006) investigated the effectiveness of AA and other TSF interventions in reducing alcohol intake, achieving abstinence, maintaining abstinence, improving the quality of life of affected people and their families, and reducing alcohol associated accidents and health problems. The researchers found no experimental studies that demonstrated the effectiveness of AA or TSF approaches with respect to these outcomes. From the evidence reviewed the authors concluded that "AA may help patients to accept treatment and keep patients in treatment more than alternative treatments, though the evidence for this is from one small study that combined AA with other interventions and should not be regarded as conclusive" (Ferri et al., 2006, p.2).

Utilisation

As shown in Table 1, there has been a significant decline in use of involuntary (Section 9) committals since the mid 1990s. In 1995, approximately one third of ADA orders were made under Section 8 and over two thirds under Section 9

(Ministry of Health, 1999b). However, by 2006, 78% of total orders were granted under Section 8 and only 22% under Section 9 (Ministry of Health, 2007c). Notably the number of voluntary committals under Section 8 hadn't greatly changed (64 in 1995, 60 in 2006); however there has been a large drop in involuntary committals under Section 9 (from 130 in 1995 to 17 in 2006).

It has been suggested that a lack of awareness among providers and families may underpin this apparent decline in compulsory detention (Ministry of Health, 2007c). Also, there has been a sharp decline in the number of institutions certified to treat patients under the ADA. Since the closure of many psychiatric hospitals, only 4 certified institutions remain in operation. It is also possible that the pattern of use of the ADA in New Zealand may reflect reluctance on the part of some providers/health professionals to use compulsory committal and difficulties with use of the ADA Act (Ministry of Health, 2007c).

Table 1 Outcomes of applications for granted orders for detention, 1995-2006

Year	Section 8 applications granted	Section 9 applications granted	Total applications granted
1995*	64 (33%)	130 (67%)	194
2004	45 (62%)	28 (38%)	73
2005	49 (62%)	30 (38%)	79
2006	60 (78%)	17 (22%)	77

Sources: *Ministry of Health, 1999; Ministry of Health, 2007

Context for the proposed review

New Zealand's ADA Act has drawn some criticism for being outdated, problematic and ineffective. When considering alcohol and drug treatment from a legislative perspective, there are moral, ethical and therapeutic implications for mandating treatment compulsorily compared with voluntary admissions. The "Mental Health (Compulsory Assessment & Treatment) Act " 1992 further highlighted various inconsistencies between the ADA Act 1966 and more contemporary civil rights paradigms (Allen & Clarke, 2003b; Ministry of Health, 1999a, 1999b). The 1998 National Drug Policy (Ministry of Health, 1998) led to a review of the Act to determine if it was accomplishing its goal, "to make better provision for the care and treatment of alcoholics and drug addicts" (ADA Act, 1966).

Compulsory detention raises fundamental human rights issues and a key rationale for human rights protections is to mediate the exercise of State control over citizens (Rishworth, 2003; The Human Rights Commission, 2004). Other issues raised included:

- the extent to which the Minister of Health should be involved in the clinical management or transfer of people who are detained for treatment,
- what provisions should be made for the clinical assessment of individual's needs by health professionals,
- what provisions should be made to protect the committed person (Ministry of Health, 1999a).

The review process led to a Ministry of Health discussion paper (Ministry of Health, 1999b), a subsequent analysis of submissions (Ministry of Health, 1999a), and a narrative review (Allen & Clarke, 2003b). These identified a number of practical and legal problems with the Act in New Zealand which included:

- the inability to match treatment type to client need
- a lack of certified institutions
- institutions being unable or unwilling to accept clients
- inconsistency with the New Zealand Bill of Rights Act 1990 and the compulsory assessment and treatment regime under the Mental Health (Compulsory Assessment and Treatment Act) 1992.

It is within this context that the Ministry of Health are reviewing the Act for repeal, replacement or amendment in 2008. A key issue in this process is to consider the evidence for the effectiveness of compulsory detention to residential treatment. Claims of positive medium-to-long-term outcomes of compulsory treatment have

not been supported by empirical data (Ministry of Health, 1999a), and an objective of the current review is to systematically and rigorously review the evidence available on this issue internationally.

Terminology and degrees of coercion

The literature relating to route of referral and alcohol/drug treatment includes a wide range of terms and concepts that are often used interchangeably, that sometimes have different meaning in different countries, and that sit on different points of a continuum from truly voluntary to truly involuntary. Some introduction and explanation of terminology may be helpful at this point.

Involuntary treatment

Compulsion is “the action or state of being forced or obliged to do something” (Soanes & Stevenson, 2004). Compulsion is a dichotomous concept, either a person is compelled, or not (Pritchard, Mugavin, & Swan, 2007). For example, a District Court Judge may compel a person to attend a residential treatment facility and the person may be arrested and returned to the facility if he or she fails to comply. In the case of compulsory detention under section 9 of the ADA Act, the person has the opportunity to convince the Judge why he or she should not be detained, but once the Judge orders detention the person has no choice but to comply (Allen & Clarke, 2003b; Ministry of Health, 1999a).

Compulsory treatment. It has been suggested that the term only be used to refer to commitment to treatment where the individual (offender or non-offender) has *no* choice (Pritchard et al., 2007; Swan & Alberti, 2004). However, the term has been used inconsistently in the literature to encompass a wide range of situations including circumstances where individuals are coerced (to greater or lesser degrees) as well as where treatment is mandatory. Pritchard et al. (2007) recommend that the term *legally coerced treatment* be used instead of compulsory treatment as a more general term to refer to alcohol/other drug treatment whose mandate is based in legislation and/or government implemented program and encompassing a range of coercive measures.

Court mandated treatment refers to the treatment of an offender, usually by court order, and court mandated treatment usually follows when an offender’s alcohol or drug addiction has contributed to his or her offending (Pritchard et al., 2007). In New Zealand, an order disposing of a criminal case is not provided for under the ADA Act.

Civil Commitment appears to have different meanings in different countries. In New Zealand and some states of Australia, civil commitment is a process undertaken outside the criminal justice system (CJS), and refers to non-offenders involuntarily committed to treatment (Swan & Alberti, 2004). Civil commitment has been defined as “legally sanctioned, involuntary commitment of a non-offender into treatment for alcohol or drug dependence” (New South Wales Standing Committee on Social Issues, 2004). Note that the present review’s scope relates to civil commitment defined in this way, to exclude coerced treatment of offenders identified through the criminal justice system.

In the USA, civil commitment includes the legally sanctioned commitment of both involuntary non-offenders and offenders unwilling and/or unable to obtain services

on their own (Pritchard et al., 2007). Although once a popular strategy, civil commitment is no longer heavily relied upon in the United States (Wild, 1999; Wild, Cunningham, & Ryan, 2006).

Coercion

Coercion is the “implicit or explicit persuasion of an unwilling person to do something by using force or threats” (Soanes & Stevenson, 2004). These may involve removal of custody of children, loss of employment, or legal penalties or sanctions. Coercion is best viewed as being on a continuum ranging from mild to strong (Pritchard et al., 2007). If the threats and persuasion are sufficiently great the degree of coercion may be *perceived* as compulsion (Pritchard et al., 2007). Wild et al. (1998) note that perceived coercion itself is seldom measured in research, but inferred by the route of referral. The varied meanings of “coercion” can create difficulty in evaluating and synthesising research.

Quasi-compulsory treatment is a term used in Europe meaning, “the treatment of drug-dependent offenders that is motivated, ordered, or supervised by the criminal justice system and takes place outside regular prisons” (A. Stevens et al., 2005). It can be compulsory (no choice), or it can involve degrees of coercion (some choice) as for court mandated treatment.

Diversion of offenders. Coerced treatment of offenders through diversion can occur in two broad ways. It can divert offenders away from the criminal justice system and into treatment (pre-arrest and pre-trial diversion) as an alternative to the offender passing through conventional CJS proceedings. Or it can occur at pre-sentence or pre-conviction stages where offenders are diverted into treatment in addition to being dealt with by the criminal justice system. Coerced treatment in this context is usually characterised by the presence of an offence and some degree of choice, albeit limited, in the individual’s decision to access treatment or face legal sanctions (Pritchard et al., 2007). The coercion can act as an “exchange” for a wavering or reduction in a penalty or sentence (Klag, O’Callaghan, & Creed, 2005). In recent times, the use legal coercion has become increasingly popular within the criminal justice system and it is used extensively in the United States.

Formal non-criminal coercion refers to the pressures that substance users may experience from non-criminal justice organizations and agencies, including employers and government agencies (Klag et al., 2005). These may include random drug testing in the work place.

Voluntary treatment

Truly voluntary treatment implies free choice and self referral of a person with alcohol/drug addiction for treatment. However it is recognised that informal pressures to volunteer for treatment are frequently experienced by the individual from their social environment, including friends, family, and/or employers (Klag et al., 2005). The informal threat of involuntary committal can be a coercive force in voluntary self-referrals for treatment.

Structure of report

This remainder of this report is divided into three main sections. The next section describes the review’s methodology and includes the research questions, search strategy, inclusion and exclusion criteria, the data extraction, appraisal and synthesis

methods, and the methodological limitations of the evidence review. The results section considers the included appraised studies, reporting first on the systematic reviews, and then on the original primary research. Study characteristics and findings are reported in separate tables and synthesised in the text, and the body of evidence for each research question is reported. The final section summarises results, briefly discusses the limitations of the evidence base and identified gaps in knowledge, and presents key conclusions. Detailed appendices follow, including the search strategy, all excluded papers annotated by reason for exclusion, and the completed data extraction tables for included papers.

Methods

The scope of this review was defined by staff from the Ministry of Health's Rights and Protection Team, Mental Health Group, Population Health Directorate and an informal working group (Appendix A) in conjunction with the reviewers. In general, the aim of this review was to evaluate the effectiveness of compulsory detention to inform (along side other information) a review of New Zealand's Alcoholism and Drug Addiction Act 1966 (ADA).

Research questions

The primary research question to be addressed by this review was: what is the effectiveness of compulsory, residential treatment of chronic alcohol or drug addiction in non-offenders?

The review questions are defined according to the PICO (or PICOT) criteria:

- patient population
- intervention
- comparator (where appropriate)
- outcomes
- time consideration (should be considered with regard to all of the above domains).

For inclusion in the current review, the evidence had to fulfil the criteria outlined in Table 2 and Table 3. These criteria were developed *a priori* and are described in the scoping protocol prepared prior to commencement of the review proper.

Table 2 Criteria for determining study eligibility

Patient population	chronic alcoholics, and/or chronic drug addicts
Intervention	compulsory (involuntary/mandatory) detention/commitment (through the civil court- see note) for residential treatment of alcoholism/drug addiction
Comparator	no treatment mandatory treatment as outpatient/community-based treatment voluntary inpatient/residential treatment
Outcomes	<ul style="list-style-type: none"> ▪ addiction status on discharge or follow-up (e.g., length of treatment, drug-free status) ▪ short-term health outcomes (e.g., sobriety during care) ▪ long-term health outcomes (e.g., reduced co-morbidities, quality of life) ▪ life expectancy ▪ non health outcomes (e.g., life satisfaction, social functioning and interaction, vocational status) ▪ outcomes for carers/family/ whānau

Note: Offenders, who are legally coerced into having treatment by actions of the criminal justice system (CJS), as a consequence of their offending, are to be excluded.

It is important to note that studies not designed to answer the research question were deliberately excluded.

In defining chronic alcoholism and drug addiction, the literature commonly refers to DSM criteria (*Diagnostic and statistical manual of mental disorders : DSM-IV-TR*, 2000) where *chemical (drug) dependence* is defined as a maladaptive pattern of drug use, leading to impairment or distress, presenting as three or more of the following

in a 12-month period: (1) tolerance to the drug's actions, (2) withdrawal, (3) drug is used more than intended, (4) there is an inability to control drug use, (5) effort is expended to obtain the drug, (5) important activities are replaced by drug use, (6) drug use continues despite knowledge of a persistent physical or psychological problem (DSM-IV TR, 2000). Whilst clinically evaluating drug dependence using these precise criteria was not required for studies selected for inclusion in the review, this definition is included here as a general guide to the patient group of relevance to the review. How patient groups are defined and included in individual studies is reported in the review's data extraction tables.

Table 3 Nature of the evidence

Publication type	Studies published in the English language, relating to studies of human beings (i.e. not animal studies), including primary (original) research published as full original reports and secondary research (systematic reviews and meta-analyses) appearing in the published literature. Papers for which an abstract is not available for review via the bibliographic database are excluded.
Study design	Those that provide at least Level III-3 evidence according to the National Health and Medical Research Council (NHMRC) interim levels of evidence for intervention research questions (2005). Non-comparative evidence will be excluded in this review.

Literature search

A systematic method of literature searching and selection was employed in the preparation of this review. Searches were limited to English language material. The searches were completed on 18, September, 2007. Therefore, studies published (or entered on the databases) after this date were not eligible for inclusion in the systematic review.

The following databases were searched:

Bibliographic databases

- Embase
- Medline
- Psycinfo
- CSA social services abstracts
- CSA sociological abstracts

Review databases

The following were searched through the Cochrane Library:
<http://www3.interscience.wiley.com/cgi-bin/mrwhome/106568753/HOME>:

- Cochrane Database of Systematic Reviews
- Cochrane Central Register of Controlled Trials
- Database of Abstracts of Reviews of Effectiveness
- Health Technology Assessment database
- NHS Economic Evaluation database

HTA Groups

- INAHTA website database: <http://www.inahta.org/Search2/?pub=1>
- MSAC: <http://www.msac.gov.au/>

- ANZHSN: <http://www.horizonscanning.gov.au/>
- NZHTA: <http://nzhta.chmeds.ac.nz/>
- NICE: <http://www.nice.org.uk/>
- AHRQ/USPSTF: <http://www.ahrq.gov/>
- CADTH: <http://www.cadth.ca/>

Clinical Practice Guidelines

- National Guideline Clearing House database: <http://www.guideline.gov/>

The reference lists of included papers and some recently published and highly relevant narrative papers were scanned to identify any peer-reviewed evidence that may have been missed in the literature search. The Web of Science was also searched to identify any relevant papers citing the pivotal references. Hand searching of journals, contacting of manufacturers, or contacting of authors for unpublished research was not undertaken in this review. However, some authors were contacted in the course of the research to clarify aspects of their search strategies (see Acknowledgements). Whilst grey literature and unpublished material such as conference abstracts were not included in the evidence review, they may be referred to in background sections.

Search terms were searched for as keywords, exploded where possible, and as free text within the title and/or abstract, in the Embase and Medline databases. Variations on these terms were used for Cochrane library and other databases modified to suit their keywords and descriptors. The search terms, search strategy and citations identified are presented in Table 4.

Table 4 Search strategy

Database	Search limits	Search no.	Search terms	Citations
EMBASE + MEDLINE (combined)	1966 - 18 Sept, 2007, English language, human studies, Explode, keywords, free text	1	compulsor* OR mandatory OR mandated OR enforced OR obligatory OR “without consent” OR coerc* OR “non?voluntary” OR involuntary OR “persuasive communication”	26,010
		2	“detention” OR treat* OR therap* OR “therapeutic community” OR care OR “in?patient” OR institution* OR facility OR program* OR resident* OR “sober living” OR “rehabilitation”	3,559,823
		3	“alcoholism” OR “alcoholic” OR “drug dependence” OR “drug abuse” OR “cocaine dependence” OR “heroin dependence” OR “narcotic dependence” OR “morphine addiction” OR “opiate addiction” OR “cannabis addiction” OR “lysergide” OR “multiple drug abuse” OR “substance abuse”	118,952
		4	#1 AND #2 AND #3	852
Cochrane Library	Search completed 18 Sept, 2007, considered free text and keywords	1	compulsor* OR mandatory OR mandated OR enforced OR obligatory OR “without consent” OR coerc* OR “non?voluntary” OR “persuasive communication”	1872
		2	“detention” OR treat* OR therap* OR “therapeutic community” OR care OR “in?patient” OR institution* OR facility OR program* OR resident* OR “sober living” OR “rehabilitation”	351,763
		3	“alcoholic” OR “alcoholism” OR “drug abuse” OR “cocaine-related disorders” OR “heroin dependence” OR “morphine dependence” OR “opioid-related disorders” OR “marijuana abuse” OR “substance abuse, intravenous” OR “phencyclidine abuse” OR amphetamine-related disorders”	5874
		4	#1 AND #2 AND #3	45
Psycinfo (from 1806) and CSA social services abstracts (from 1979) and CSA sociological abstracts (from 1952) (combined)	Search completed 18 Sept, 2007, considered free text and descriptors English only Journals only	1	compulsor* OR mandatory OR mandated OR enforced OR obligatory OR “without consent” OR coerc* OR “non?voluntary”	14,277
		2	“detention” OR treat* OR therap* OR “therapeutic community” OR care OR “in?patient” OR institution* OR facility OR program* OR resident* OR “sober living” OR “rehabilitation” OR “residential care institutions” OR “treatment facilities”	593,712
		3	“alcoholism” OR “alcoholic” OR “alcohol abuse” OR “drug addiction” OR “drug abuse” OR “drug dependency” OR “inhalent abuse” OR “polydrug abuse” OR “heroin addiction” OR “substance abuse” OR “cocaine addiction” OR “morphine addiction” OR “opiate addiction” OR cannabis addiction” OR lysergide OR “narcotic dependence”	57,692
		4	#1 AND #2 AND #3	427
Sub-total after exclusion of duplicate citations				1113
Bibliographies of included studies, websites, guidelines, web of science, other sources				8
Non duplicate citations				1121

Note that this doesn't include reports and papers that were retrieved or provided by the Ministry of Health purely as background material

Assessment of study eligibility

Studies were selected for appraisal using a two-stage process. First, titles and abstracts (where available) identified from the search strategy were scanned and excluded as appropriate. Second, the full text articles were retrieved for the remaining studies and selected for inclusion and appraisal in the review if they fulfilled the study selection criteria outlined below. Eligibility of studies identified by the database search was initially assessed by the second author, and then reviewed by the first author, based on title or abstract.

As mentioned earlier, non-English publications were excluded at the database searching stage. Citations were excluded for the following reasons:

1. Not a clinical study: including non-systematic/narrative reviews, case reports, animal studies, short notes, letters, editorials, conference abstracts, in-vitro studies, studies not deemed appropriate to the research question or nature of review.
2. Wrong intervention: does not include the correct intervention/s, such as studies where one group is not clearly mandatory/compulsory/involuntary detention or committal. And so studies of coercion where a patient has an alternative choice to treatment are to be excluded, such as those offered treatment as alternatives to having children removed from their custody, job loss, etc. Studies which do not offer treatment which is residential/inpatient as the main intervention of interest would also be excluded.
3. Wrong comparator: does not include the correct comparator/s. Comparators can be no treatment, mandatory community-based (outpatient) treatment, or involuntary residential treatment. Voluntary community-based treatment is not a valid comparator for this review as it would not be clear whether any differences in outcome were due to difference in voluntary/involuntary status or site of treatment (inpatient/outpatient).
4. Wrong population/setting: does not include the correct patient group or civil setting, such as detention ordered within the criminal justice system. That is, studies of offenders who are legally coerced into having treatment as alternatives to legal consequences such as conviction, jail time, parole etc. are to be excluded (for example, drug court arrest-referral schemes, deferment of indictment or punishment in favour of treatment, pre-release prison based treatment, post-release treatment in return for shorter sentence). Note that offenders or people with an offending history are not excluded per se, only those who are coerced or mandated for treatment through a criminal justice system process resulting from their offending.
5. Wrong outcomes: does not include the results relating to at least one of the identified outcomes of interest, measured post-treatment.
6. Non-comparative studies.

There were 1121 non-duplicate studies identified by the search strategy (as detailed in Table 4 above). As detailed in Table 5, 192 full text articles were eligible for retrieval after excluding studies from the search titles and abstracts. Of full papers retrieved, 189 did not fulfil the inclusion criteria. Therefore, four articles were fully appraised and are included in this review (listed in Appendix B). All excluded articles are presented in Appendix C, annotated by reason for exclusion based on the exclusion criteria detailed above. Reasons are presented hierarchically such that the

first reason in the list that applied is reported. Other publications cited in this report (including those providing background) are presented in the References.

Table 5 Application of selection criteria to citations

Exclusion criteria	Number
Total citations identified	1121
Excluded from review of title/abstract:	929
Not a clinical study	348
Wrong intervention/comparator	559
Wrong indication/population	21
Wrong outcomes	1
Non-comparative studies	0
Full papers (retrieved as full text) reviewed:	192
Excluded from review of full paper:	188
Not a clinical study	121
Wrong intervention/comparator	30
Wrong indication/population	28
Wrong outcomes	4
Non-comparative studies	5
Total included citations	4

Note: definitions of these exclusions are provided in the text above

Appraisal of included studies

Dimensions of evidence

The aim of this review was to find the highest quality evidence to answer the clinical question. In accordance with NHMRC guidance, the following dimensions of evidence were reviewed for each of the included studies (Table 6). It is important to recognise that the value of a piece of evidence is determined by all of these dimensions, not just the level of evidence.

Table 6 NHMRC Dimensions of evidence

Dimension	Reviewers definition
Strength of the evidence	
Level (see Table 7 below)	The study design used, as an indication of the degree to which bias has been eliminated by the design alone. The levels reflect the effectiveness of the study design to answer the research question.
Quality	The methods used to minimise bias within an individual study (i.e. other than design <i>per se</i>).
Statistical precision	An indication of the precision of the estimate of effect reflecting the degree of certainty about the existence of a true effect, as opposed to an effect due to chance.
Size of effect	Determines the magnitude of effect and whether this is of clinical importance.
Relevance of evidence	The considers the relevance of the study to the specific research question and the context in which the information is likely to be applied, with regard to a) the nature of the intervention, b) the nature of the population and c) the definition of the outcomes.

The evidence was assessed according to the dimensions outlined in Table 6 above. Each study was also assigned a level of evidence in accordance with the NHMRC (2005) interim levels of evidence below.

Table 7 NHMRC interim levels of evidence

Level	Intervention
I *	A systematic review of level II studies
II	A randomised controlled trial
III-1	A pseudorandomised controlled trial (i.e. alternate allocation or some other method)
III-2	A comparative study with concurrent controls: <ul style="list-style-type: none"> • Non-randomised, experimental trial † • Cohort study • Case-control study • Interrupted time series with a control group
III-3	A comparative study without concurrent controls: <ul style="list-style-type: none"> • Historical control study • Two or more single arm study ‡ • Interrupted time series without a parallel control group
IV	Case series with either post-test or pre-test/post-test outcomes

Table notes

* A systematic review will only be assigned a level of evidence as high as the studies it contains, excepting where those studies are of level II evidence. Systematic reviews that contained both RCTs and lower levels of evidence were annotated level I/III-3 (the latter reflecting the same level as the non-RCT papers that were included within the review).

† This also includes controlled before-and-after (pre-test/post-test) studies, as well as indirect comparisons (i.e. utilise A versus B and B versus C, to determine A versus C).

‡ Comparing single arm studies i.e. case series from two studies.

Note: When a level of evidence is attributed in the text of a document, it should also be framed according to its corresponding research question e.g. level II intervention evidence; level IV diagnostic evidence; level III-2 prognostic evidence.

Source: National Health and Medical Research Council (2005)

The highest level of evidence available is a systematic review of randomised controlled trials, which are considered the study type least subject to bias. Individual randomised controlled trials also represent good evidence. However, comparative observational studies such as cohort and case-control studies or non-comparative case series may often be more readily available (the latter are not included in the current review). Such studies are often conducted early in the development of a technology, or to detect rare outcomes or outcomes which develop long after an exposure (for example, cancer, and cardiovascular disease). Nevertheless, these lower levels of evidence remain subject to considerable bias. Systematic reviews that contained both RCTs and lower levels of evidence were annotated level I/III-3 (the latter reflecting the same level as the non-RCT papers that were included within the review).

Even within the levels of evidence stated above there is considerable variability in the quality of evidence. In accordance with NHMRC guidelines, it was necessary to consider the quality of each of the included studies. The characteristics and quality of each included study were assessed using a number of quality criteria, as shown in Table 8, each criteria rated adequate, partial, or inadequate, and studies/reviews rated overall as being of good, fair or poor quality.

Table 8 Quality criteria for different levels of evidence

Study type	Quality criteria
Systematic review	Was a clinical question clearly defined? Was an adequate search strategy used? Were the inclusion criteria appropriate and applied in an unbiased way? Was a quality assessment of included studies undertaken? Were the characteristics and results of the individual studies appropriately summarised? Were the methods for pooling the data appropriate? Were sources of heterogeneity explored?
RCT	Was allocation to treatment groups concealed from those responsible for recruiting subjects? Was the study double-blinded? Were patient characteristics and demographics similar between treatment arms at baseline? Were all randomised participants included in the analysis? Were the statistical methods appropriate? Were any subgroup analyses carried out?
Cohort	How were subjects selected for the 'new' intervention? How were subjects selected for the comparison or control group? Does the study adequately control for demographic characteristics, clinical features and other potential confounding variables in the study design or analysis? Was the measurement of outcomes unbiased (i.e. blinded to treatment group and comparable across groups)? Was follow-up long enough for outcomes to occur? Was follow-up complete and were there exclusions from analysis?
Case-control	How were the cases defined and selected? How were the controls defined and selected? Does the study adequately control for demographic characteristics and important potential confounders in the study design or analysis? Was measurement of exposure to the factor of interest (e.g. the new intervention) adequate and kept blinded to case/control status? Were all selected subjects included in the analysis?

Adapted from NHMRC (2000)

Data extraction

Data was extracted onto specifically designed data extraction forms, and included information regarding study design, patient characteristics, details of intervention, relevant outcomes, study quality and relevant results. Data was extracted by one reviewer.

Unless otherwise specified, the data that was most adjusted for confounders and/or multiple comparisons are reported. Furthermore, where subgroup analyses are available, these were reported if they are deemed relevant.

Completed data extraction forms containing detailed information regarding study characteristics and quality, together with a brief summary of study results, can be found in Appendix E.

Data synthesis

In addition to the level and quality of evidence of individual studies, the review will consider the body of evidence in total. This will involve consideration of the volume of evidence and its consistency.

For systematic reviews with analyses involving evidence from RCTs, a meta-

analysis should be performed when appropriate using the methodology of the Cochrane Collaboration (Mulrow & Oxman, 1997). However, this would only be undertaken if the trial characteristics and patient characteristics are sufficiently homogeneous in order to justify a meta-analysis. Quantitative pooling may not be possible for other research questions or levels of evidence. Data from observational studies is subject to considerable heterogeneity and to biases that vary between studies.

The review will present the statistical precision of the estimated effect size (pooled if possible), together with a discussion of its clinical significance. Finally, the review will consider the relevance of the evidence, both with regard to the applicability of the patient population and the intervention, as well as the relevance to the New Zealand health care setting.

Limitations of the review methodology

This review used a structured approach to review the literature. However, there were some inherent limitations with this approach¹. All types of study are subject to bias, with systematic reviews being subject to the same biases seen in the original studies they include, as well as biases specifically related to the systematic review process. Reporting biases are a particular problem related to systematic reviews and include publication bias, time-lag bias, multiple publication bias, language bias and outcome reporting bias (Egger, Dickersin, & Davey Smith, 2001). A brief summary of the different types of reporting bias is shown in Table 9. Other biases can result if the methodology to be used in a review is not defined *a priori* (that is, before the review commences). Detailed knowledge of studies performed in the area of interest may influence the eligibility criteria for inclusion of studies in the review and may therefore result in biased results. For example, studies with more positive results may be preferentially included in a review, thus biasing the results and overestimating treatment effect.

¹ A discussion of the methodological limitations of the current evidence base is presented in the Discussion section.

Table 9 Reporting biases in systematic reviews

Type of bias	Definition and effect on results of review
Publication bias	The publication or non-publication of research findings. Small, negative trials tend not to be published and this may lead to an overestimate of results of a review if only published studies are included.
Time-lag bias	The rapid or delayed publication of research findings. Studies with positive results tend to be published sooner than studies with negative findings and hence results may be overestimated until the negative trials 'catch up'.
Multiple publication bias	The multiple or singular publication of research findings. Studies with significant results tend to be published multiple times which increases the chance of duplication of the same data and may bias the results of a review.
Citation bias	The citation or non-citation of research. Citing of trials in publications is not objective so retrieving studies using this method alone may result in biased results. Unsupported studies tend to be cited often which may also bias results.
Language bias	The publication of research findings in a particular language. Significant results are more likely to be published in English so a search limited to English-language journals may result in an overestimation of effect.
Outcome reporting bias	The selective reporting of some outcomes but not others. Outcomes with favourable findings may be reported more. For example, adverse events have been found to be reported more often in unpublished studies. This may result in more favourable results for published studies.

Adapted from Egger et al. (2001).

Some of these biases are potentially present in this review. Only data published in peer-reviewed journals is included. No attempt was made to include unpublished material, as such material typically has insufficient information upon which to base quality assessment, and it has not been subject to the scrutiny of the peer-review process. In addition, the search was limited to English-language publications only; therefore language bias is a potential problem also. Outcome reporting bias and inclusion criteria bias are unlikely as the reviewers had no detailed knowledge of the topic literature, and the methodology used in the review and the scope of the review was defined *a priori*.

The review scope was developed with the assistance of Ministry of Health staff to support policy and purchasing relevant to New Zealand. All studies included in this review were conducted outside New Zealand, and therefore, their generalisability to the New Zealand population and context may be limited and needs to be considered. This review was confined to an examination of the efficacy of the interventions and did not consider ethical or legal considerations associated with these interventions.

The studies were initially selected by examining the abstracts of these articles. Therefore, it is possible that some studies were inappropriately excluded prior to examination of the full text article. However, where detail was lacking ambiguous papers were retrieved as full text to minimise this possibility. Reasons for exclusion for every article included in the review are presented in Appendix C for transparency. Data extraction and critical appraisal was performed by a single reviewer. For a detailed description of interventions and evaluation methods, and results used in the studies appraised, the reader is referred to the original papers cited.

This review has greatly benefited from the advice provided by the Working Group

and has been reviewed by HSAC directors.

Evaluation of economic implications

In addition to the review of the clinical evidence, the current review included (i) a systematic search of the published literature to identify any relevant economic evaluations and (ii) a qualitative discussion of the incremental costs and outcomes likely to be associated with compulsory relative to voluntary residential treatment for alcohol and drug addiction.

As the search strategy for this review did not include study type limits, an additional economic search strategy was not required. Instead, the search strategy was re-run on 5 November 2007 for Embase and Medline databases combined with an additional search string to identify a sub-set of economic papers. This string was:

('cost effectiveness analysis'/exp OR 'cost effectiveness analysis') OR ('economic evaluation'/exp OR 'economic evaluation') OR ('health economics'/exp OR 'health economics') OR ('cost minimization analysis'/exp OR 'cost minimization analysis') OR ('cost minimisation analysis') OR ('cost utility analysis'/exp OR 'cost utility analysis') OR ('quality adjusted life year'/exp OR 'quality adjusted life year') OR ('qaly'/exp OR 'qaly') OR ('life year saved')

Results

Overview

Methodological information and results extracted from included studies are presented below. More detailed information is available in the data extraction tables presented in Appendix E or in the original papers. Only data relevant to the current review is presented in any detail. Of the four papers identified as eligible for inclusion in the review, all were systematic reviews.

Systematic reviews: characteristics

The search strategy identified four relevant reviews. Study characteristics are described in Table 10, and key results and authors' conclusions presented in Table 11.

Four reviews were identified as eligible for inclusion in terms of having overlapping scope with the current review, and were published since 2002 with two published in 2007. Two reports undertook systematic review processes of good quality, using clearly defined clinical question/s, comprehensive search strategies, appropriately applied selection criteria, and defined quality assessment procedures. The National Institute for Health and Clinical Excellence (NICE) review (2007) undertaken by the National Collaborating Centre for Mental Health was a guideline on drug misuse from the UK. A sub-topic within this review related specifically to residential/inpatient legally coerced treatment interventions across the spectrum of compulsory treatment. The authors reported on evidence from a single systematic review (Wild et al., 2002), which was also included in the current review.

The Wild et al. (2002) review from Canada was a systematic review of good quality, published as a Journal article, and considered compulsory substance abuse treatment broadly. Wild et al. (2002) reported on 18 quantitative comparative and longitudinal studies. Eight related to legal mandates (mainly involving offenders being mandated or coerced to treatment through the criminal justice system), five were formal mandates (via coercion outside the criminal justice system, e.g., via the employer, welfare system), three were informal mandates (family, group persuasion), and two were mixed mandates (employers, informal family, court mandated). None were eligible for inclusion in the current review as original studies, primarily because they related to coercion or offenders identified through the CJS.

The other two included reviews were from Australia. Pritchard et al. (2007) was a discussion document that included a review of Australian legislation, key informant interviews, and reference group consultation. Whilst it did refer to database searching for its literature review, its quality as a systematic review is poor, though it should be noted that it was presented as a "review of recent reviews" in the context of a broader report. Three reviews were identified by Pritchard et al. (2007) in their literature review: two systematic reviews of studies of coercion for offenders (Klag et al., 2005; Stevens et al., 2005), and a narrative review by Wild et al. (2006). All were excluded from the current review due to scope or being a narrative review.

The fourth appraised review, also from Australia, was by Swan and Alberti (2004), of Victoria's Turning Point. Similarly to Pritchard et al. (2007), it was primarily not intended as a systematic review and was of fair/poor quality in terms of the search

strategy and assessment methods. The report's objective was to review the Alcoholics and Drug-dependent Person Act (ADDPA) 1968 (legislation similar to New Zealand's ADA), and it consulted stakeholders as well as conducting a literature review, with a focus on civil commitment (compulsory treatment of non-offenders). Two case series studies (without comparators) were briefly described (Bourquin-Tieche et al., 2001; Steiner et al., 1995), both excluded from the current review due to study design.

Systematic reviews: results

The four reviews included for appraisal identified results primarily from the offender literature, involving coerced treatment through actions of the criminal justice system, and from studies conducted in the U.S.

Wild et al.'s (2002) high quality review (appraised in the current review and also reviewed in the NICE systematic review relevant to compulsory treatment) described 18 longitudinal studies of compulsory treatment. None of these were eligible for inclusion in the current review (due to intervention and population differences). The reviewers reported that mandated treatment generally demonstrated better outcomes in terms of treatment *process* (uptake of treatment following referral). Results indicated more equivocal results for retention rates with 6/11 studies reporting higher participation for clients receiving compulsory treatment than those receiving non-compulsory treatment. In terms of substance use *outcomes*, two of eight studies found superior outcomes for clients receiving compulsory treatment compared with voluntary treatment, whilst the other six studies reporting no difference in benefit.

With respect to the body of research that exists, which almost exclusively relates to offender populations and/or coercive means of offering treatment, Wild et al. (2002) noted that most empirical research had employed non-equivalent comparison groups at baseline. And so, those receiving mandatory treatment were more likely to be offenders coerced into treatment as a result of their offending and identification through the criminal justice system. Such population differences could bias results at outcome. The NICE (2007) review argued that any negative outcomes for legally mandated treatments could be due to the nature of the difficulties of those entering mandated treatment when compared with those in voluntary treatment, rather than the compulsory nature of their referral *per se*.

Pritchard et al.'s (2007) review reported on two systematic reviews specifically focussed on offender studies, (Klag et al., 2005, Stevens et al., 2005). Reported findings included that most (offender) research has so many methodological weaknesses that results are inconclusive, with compulsory treatment being considered sometimes effective in reducing alcohol and drug use and crime in some people. Longer treatment has been consistently associated with positive treatment outcomes in the offender literature, however, recommended treatment periods suggested have varied from three to 12 months.

Commenting specifically on research relating to civil commitment of non-offenders, Pritchard et al.'s (2007) review concludes that long term effectiveness has not been evaluated, with only some, mainly anecdotal, evidence suggesting that civil commitment for short periods can be effective in *harm minimisation*. The most relevant (to this review) but least robust findings identified came from two case

series studies identified by Swan and Alberti's (2004) review relating specifically to civil commitment. Both were case series studies with no comparator and as level IV evidence were excluded from inclusion in the current review. Bourquin-Tieche et al. (2001) reported on 17 consecutive cases of civil commitment in a Swiss alcohol unit, with follow-up data on 10 clients, 18 months post-commitment, eight of whom reported remaining abstinent, and most reporting that the intervention was, in retrospect, justifiable. Another case series described was by Steiner et al. (1995) which reported that 60% of the compulsory treatment clients were drinking alcohol six months post intervention. Swan and Alberti (2004) argued that from such data, little could be concluded pertaining to the effectiveness of civil commitment.

Body of evidence

Of the four systematic reviews identified, only two were of good quality. However neither appraised reviews, nor the current literature search, identified any original study eligible for inclusion in this review. That is, no original study specifically relevant to New Zealand ADA practice (i.e. compulsory residential treatment for non-offenders) was of study quality above NHMRC level IV (non comparative case series studies, see Table 7).

The volume of reliable evidence on compulsory treatment of non-offenders is therefore non-existent. Reviews of the field have consistently reported the lack of research in these populations, and conclusions have tended to have been drawn from expert opinions, stakeholder interviews, case studies, and largely anecdotal reports. It is therefore not possible to draw firm conclusions from the current evidence base about whether compulsory residential treatment is likely to be more or less effective than involuntary treatment in non-offender populations of people who chronically misuse alcohol or drugs.

There is literature identified in the systematic reviews relating to compulsory treatment of offenders identified through processes of the criminal justice system. Comment on this literature is reliant on two good quality systematic reviews and two poorer quality reviews, as original studies were not eligible for inclusion in the current review. Research suggests that compulsory treatment can sometimes be effective in reducing alcohol and drug use for some people, and no evidence of harm from compulsory treatment was identified. However, the evidence is weak and the studies are methodologically flawed. The study populations are heterogeneous, particularly in terms of the perceptions of coercion experienced by people who are admitted to treatment either voluntarily or involuntarily, and reviewers have commented that studies tend to have non-equivalent groups at baseline. The evidence is therefore weak and unlikely to be applicable to non-offenders or to clients admitted to treatment through Section 9 of the ADA Act (1966) in New Zealand, or similar routes of civil commitment internationally.

Table 10 Systematic reviews: characteristics

Citation [Level of evidence] Country	Search strategy	Number and type of included studies	Scope (Intervention/ comparator)	Outcomes of relevance	Quality of review
National Institute for Health and Clinical Excellence (2007) [Level I] UK	Searched: MEDLINE, EMBASE, CINAHL, HMIC, PsycINFO, Cochrane Library to May 2006, Table of Contents to November 2006.	1 SR: Wild et al. (2002)	Considered studies of legally mandated or compulsory alcohol and drug treatment.	abstinence, alcohol and drug misuse	Good
Pritchard et al. (2007) [Level I] Australia	Searched: Pubmed and internet.	3 reviews: Klag et al. (2005) – SR (studies of offenders) Stevens et al. (2005) – SR (studies of offenders) Wild (2006) - review	Reviews of studies of compulsory treatment (ranging from involuntary to coercion), for offenders and for non-offenders.	Alcohol and drug use, crime, motivation to change (drug use) behaviour	Poor
Swan and Alberti (2004) [Level IV] Australia	Searched CINCH, AOIS, DRUG, NCJRS, checked reference lists of retrieved papers, English language only.	2 case series studies Bourquin-Tieche et al. (2001) Steiner et al. (1995)	Voluntary, involuntary, and mandated A&D treatment.	abstinence, alcohol/drug misuse	Fair/Poor
Wild et al. (2002) [Level I] Canada	Searched Medline, PubMed, Embase, and PsycINFO, limited to human studies and English language and papers published 1988 or later. Checked reference lists of four recent reviews.	18 comparative longitudinal studies: Desland (1994); Desmond & Maddux (1996); Fugelsatd et al. (1998); Heale (2001); Bavon (2001); Berkowitz et al.; O'Loughlin (1996); Vito (1998); Batel et al. (1995); Walsh et al. (1991); Brizer et al. (1990); Lawental et al. (1996); Nelson et al. (1996); Kofoed (1989); Loneck et al. (1996); Liepman et al. (1989); Watson (1989)	Compulsory substance abuse treatment	Systematically collected qualitative and quantitative outcomes. Excluded anecdotal data, and economic cost estimates.	Good

Abbreviations: SR: systematic review

Table 11 Systematic reviews: results

Citation	Results	Author conclusions
National Institute for Health and Clinical Excellence (2007)	<p><u>Wild et al. (2002)</u> systematic review (appraised in current review). Mandated treatment generally demonstrated better outcomes in terms of treatment process (uptake of treatment following referral and retention in treatment). Compulsory treatment not superior to voluntary treatment in terms of reductions in criminal behaviour or substance misuse. Only 2 of 6 studies demonstrated lower recidivism rates for compulsory treatment relative to non-compulsory treatment; 3 of 6 studies showed no difference in recidivism between compulsory and non-compulsory treatment. Only 1 of 8 studies examining alcohol/drug use reported better outcomes for compulsory treatment relative to non-compulsory treatment; 6 of 8 studies reported no difference.</p>	<p>Notes limited research on the topic, mostly from the USA. Argues that research suggests that “the more negative outcomes found for legally mandated treatments may be explained by the nature of the difficulties of those entering mandated treatment when compared with those in voluntary treatment, rather than its compulsory nature” (p. 210). Suggests that access to and choice of treatment should be the same whether alcohol/drug misusers participate in treatment voluntarily or are legally required to do so.</p>
Pritchard et al. (2007)	<p><u>Klag et al. (2005)</u> (excluded from current review, offender studies) Most research has so many weaknesses that results are inconclusive. Compulsory treatment can sometimes be effective in reducing alcohol/drug use and crime in some people. <u>Stevens et al. (2005)</u> (excluded from current review, offender studies) Non-English research presented less positive findings than English. Length of treatment is a consistent predictor of positive treatment but recommended periods vary from 3 to 12 months. One study found that legally coerced offenders were at least as motivated as voluntary ones. Mixed views on relationship between legal coercion & motivation. <u>Wild (2006)</u> (excluded from current review, narrative review): Dearth of literature on level of coercion experienced by individuals and its relationship with motivation to change. Informal coercion from family members may be more “compelling” than formal mechanisms, research has focused on legal forms of coercion.</p>	<p>Most research has examined diversion programmes. Indicators chosen opportunistically. Civil commitment (i.e. non-offender populations) effectiveness in achieving long-term behaviour change has not been evaluated. Some, mainly anecdotal, evidence that civil commitment for short periods can be effective in harm minimisation. Compulsory treatment can sometimes be effective in reducing alcohol/drug use and crime for some people, but the evidence is weak.</p>
Swan and Alberti (2004)	<p>Relating to civil commitment (excluded from current review, case series): <u>Bourquin-Tieche et al. (2001)</u>: Follow-up data on 10/15 clients, 18 months post-commitment, suggesting 8 were abstinent (self report) and most considered the intervention to be justifiable. <u>Steiner et al. (1995)</u>. 60% compulsory treatment clients were drinking alcohol six months post intervention.</p>	<p>Little can be concluded from the limited research available specifically pertaining to the effectiveness of civil commitment.</p>

Table 11 Systematic reviews: results (*continued*)

Citation	Results	Author conclusions
Wild et al. (2002)	<p>Of 18 comparative longitudinal studies (none eligible for current review):</p> <p>4/5 studies examining referral patterns reported higher entry rates for clients receiving compulsory treatment than non-compulsory treatment.</p> <p>6/11 treatment retention studies reported higher participation rates (i.e. lower drop-out) for clients receiving compulsory treatment than non-compulsory treatment.</p> <p>2/8 studies reported better alcohol and drug outcomes for compulsory treatment compared with non-compulsory treatment, with 6 studies reporting no difference.</p>	<p>In general the majority of treatment-oriented measures showed benefits of compulsory treatment relative to non-compulsory treatment.</p> <p>However noted methodological limitations including that most empirical research employed non-equivalent comparison groups at baseline.</p>

Economic considerations

Economic evaluation literature review

The economic literature search identified 56 economic papers, none of which were eligible for inclusion as an economic evaluation relevant to the current review. None considered the cost-effectiveness of compulsory residential treatment of alcohol/drug addiction amongst non-offenders, relative to voluntary residential treatment, compulsory outpatient treatment or no treatment.

Compulsory residential treatment (Section 9) versus voluntary residential treatment (Section 8)

The two providers of compulsory residential treatment in New Zealand, Nova Trust and the Salvation Army Bridge Programme, were contacted for cost information relating to the main comparators: those receiving residential treatment admitted through Section 8 referrals, and those admitted through Section 9 referrals. Questions included the following:

- what is the real, full cost per person, per day for both groups
- what is the average length of stay for both groups, and
- specifically whether there is any difference in treatment period between the two groups.

Nova Trust (Joy Green, *personal communication*, 13 November 2007) suggested that it was difficult to determine the precise real costs but that their current bed rate charged to the Ministry of Health was \$95.38 + GST per client, per night, irrespective of route of admission (section 8 or 9). In addition to contract payments from the Ministry of Health, Work and Income New Zealand contributions may apply (for example regular residential support money, sickness benefits, etc), and also, some funds are generated by the work programme in which clients participate. They do not receive donations. It was stated that there is no difference in the programme offered or the cost of treatment provided based on referral route.

The programme at NOVA is of six months duration regardless of entry conditions and there is no difference in the programme offered or the cost of treatment provided based on referral route. There is no difference in the amount charged based on completion of the programme or if the client is discharged early.

At the Salvation Army Bridge Programme, it was also reported that there were no differences in treatment approaches for Section 8 versus Section 9 clients. The current contract payments from the Ministry of Health vary slightly between the Christchurch, Wellington and Auckland centres but average at \$53.70 + GST per client, per night for approximately 21,000 bed nights per year (Michelle Judge, *personal communication*, 11 March 2008).

Compulsory outpatient treatment rarely occurs in New Zealand at present (Allen & Clarke, 2003b). If it were to be used it is probable that the cost of would be lower than that of compulsory residential treatment. However, if compulsory residential treatment is more effective than compulsory outpatient treatment, then cost-offsets will arise from reduction in the costs associated with alcohol abuse. These costs are considerable and span direct and indirect costs to the health sector and beyond (see below). The extent of cost-offsets that may be realised by compulsory residential

treatment over compulsory outpatient treatment would be dependent upon the magnitude of the incremental treatment effect between the two approaches. At present, there is insufficient evidence to quantify this effect.

Compulsory residential treatment (Section 9) versus no treatment

The cost of compulsory residential treatment is higher than no treatment (see cost of compulsory residential treatment above). However this may be largely offset by a reduction in the costs associated with alcohol abuse (see below). At present it is not possible to quantify the extent of this offset, and the incremental treatment effect of compulsory residential treatment over no treatment is not known.

Qualitative discussion of incremental cost and outcomes

To assess the cost-effectiveness of a health care intervention relative to its comparator, it is necessary to consider the incremental costs relative to the incremental outcomes. With regard to costs, one must not only consider the cost of the intervention itself, but also the impact upon related costs to the health care system, other government departments, and society more generally. If a new intervention results in a reduction in these costs relative to the comparator (for example, reduced hospitalisation) these are referred to as cost offsets. Typically these will then offset, or partially offset, the usually higher cost of the new intervention. Similarly, the net health outcome must be inclusive of positive and negative components (for example, chemotherapy may be associated with a period of reduced quality of life).

In the current context, successfully treating a patient's alcohol/drug addiction would result in many cost offsets by reducing the direct and indirect costs associated with alcohol/drug addiction that would otherwise have been incurred. When considering potential cost offsets that could be realised if a detained alcoholic/drug addict were successfully treated for their addiction, it is important to consider the breadth of the costs associated with alcohol/drug addiction in New Zealand, both with respect to direct and indirect costs.

For example, direct health care costs associated with alcohol abuse include treatment of alcoholism *per se* (if this is sought by the patient), treatment of alcohol-related trauma and alcohol-related disease. Trauma medical costs could include GP attendance, ambulance transport, casualty attendance, pharmaceuticals, hospital admission, outpatient care and rehabilitation. Similarly, treatment of alcohol-related chronic diseases such as cirrhosis, pancreatitis, chronic gastritis, upper-gastrointestinal cancers and vascular disease places considerable economic burden upon the health system. It is important to remember that these costs are not only incurred by the alcohol-consumer themselves. For example, alcohol-abuse costs are also incurred by assault or motor vehicle accident victims and children born with foetal alcohol syndrome. The latter may require specialist neo-natal care, hearing aids and residential care due to intellectual impairment.

Rayner and Chetwynd (1987) estimated that 7.8% of hospital operating costs in New Zealand were attributable to alcohol consumption (including both trauma and disease), however a more recent publication provides a somewhat lower estimate of 2.7% (Devlin, Scuffham, & Bunt, 1997). When the total societal cost of alcohol estimates of Devlin et al, 1997 are expressed relative to NZ GDP, this equates to

1.5–5.7% of GDP². This is broadly comparable to estimates in the international literature for France (1.4%, Fenoglio, Parel, & Kopp, 2003), Scotland (1.5%³, Varnay & Guest, 2002) and Germany (1.2%, Konnopka & König, 2007).

The direct costs of alcohol use reach beyond the health care sector. Alcohol-related costs are incurred by the police and fire services, the justice, education and social welfare systems, and the insurance sector. All authors agree that these non-healthcare direct costs are considerably greater than the healthcare direct costs (Devlin et al., 1997; Fenoglio et al., 2003; Konnopka & König, 2007; Varney & Guest, 2002). Indirect costs include loss of productivity and increased absenteeism whilst alive and lost productivity due to premature death. Devlin et al. (1997) estimate a range of indirect costs from \$703 million to \$3,389 million (1991 NZ dollars), depending upon the assumptions for excess unemployment rate, criminal alcohol aetiological factor and discounting. When considering the extent of potential cost offsets available, should an alcoholic be successfully treated during detention, it is important to recognise that a large proportion of the direct and indirect costs incurred above are incurred by binge-drinkers, rather than the chronic alcoholics who may be the subject of Section 8 or 9 detentions.

In addition to the cost offsets resulting from successful treatment of alcohol/drug addiction, there are considerable quality adjusted life years to be gained. Life years would be saved due to any reduction in mortality, irrespective of whether a result of trauma or disease. Furthermore, remaining years of life would benefit from an improved quality of life ('utility'). Estimates in the literature suggest that chronic alcoholics may have a utility weight as low as 0.59 (Günter, Roick, Angermeyer, & König, 2007). This represents a significant impairment in quality of life. One should also consider the quality of life of family members, work colleagues, carers and others. For example an estimate of the quality of life of children with foetal alcohol syndrome shows a utility weight of 0.47 compared to 0.93 amongst the general population⁴ (Stade, Ungar, Stevens, Beyene, & Koren, 2006).

At present it is not possible to quantify the cost-effectiveness of compulsory residential treatment of alcohol/drug dependence relative to other treatment options due to insufficient clinical evidence. However, given the relatively low cost of the intervention, the high costs associated with alcohol/drug addiction, and the poor quality of life experienced by alcohol/drug addicts and their families/victims, this intervention has the potential to be highly cost-effective relative to less effective treatments or no treatment.

² Assumes GDP NZ\$69,943 million in 1991

³ GDP exclude Scottish oil revenues as these are distributed across the entire UK

⁴ Mean TTO result = 0.59, mean British EQ-5D result = 0.74

Discussion

Summary of evidence for efficacy and harm

This report systematically reviewed the international evidence for the effectiveness of compulsory residential treatment of chronic alcohol and drug addiction in non-offenders. The search strategy identified a total of 1121 citations, and after consideration of titles and abstracts using the study selection criteria, 192 full papers were retrieved and scrutinised in detail for possible inclusion in the review. Of the 192 full papers, only four reviews were included for appraisal (National Collaborating Centre for Mental Health, 2007; Pritchard et al., 2007; Swan & Alberti, 2004; T. C. Wild et al., 2002). These reviews described results primarily drawn from the *offender* literature and no primary research paper met the study selection criteria for inclusion in the current review. Commonly, these primary studies included non-offenders *and* offenders. However, in most cases, it was essentially impossible to disentangle the non-offenders from the offenders, thus these primary research papers were excluded (primary research papers were also excluded for wrong comparators, wrong intervention, and/or non-comparative study designs). The main results from the four included reviews are summarised below, as noted, some of the results reported in the four included reviews relate to offender populations, and are not necessarily generalisable to New Zealand's non-offender population.

Treatment process and therapeutic outcomes

In their review of the Australian Drug-dependent Persons Act (ADDPA) 1968, Swan and Alberti (2004) reviewed two studies that did relate specifically to civil commitment (Note that both studies are excluded from this review due to level of evidence criteria). Firstly, Bourquin-Tieche et al.'s (2001) study, a small case series (n=17), reported on patterns of alcohol use and health related quality of life outcomes. The researchers concluded that "civil commitment not only saves the lives of endangered patients but could also be a health-promoting measure that may sometimes allow recovery from dependence" (p, 48). Steiner et al. (1995) performed a retrospective analysis of medical records and death certificates for 99 consecutive patients who had participated in civil court-ordered alcohol treatment. The authors reported that 34% of the participants were lost to follow-up, and of those remaining, 60% of the compulsory treatment clients were drinking alcohol six months post intervention. Swan and Alberti (2004) argued that from such data, little could be concluded pertaining to the effectiveness of civil commitment.

Reviewers reported that compared to voluntary treatment, mandated treatment within the criminal justice system (CJS) generally demonstrated better outcomes in terms of treatment *process* (that is, uptake of treatment following referral) (National Collaborating Centre for Mental Health, 2007; T. C. Wild et al., 2002). However, this does not necessarily prove useful if addressing the question of (therapeutic) treatment efficacy *per se*. In terms of substance use outcomes, only a small number of studies found superior outcomes for clients receiving compulsory treatment compared with voluntary treatment, whilst most studies reported no difference in benefit (T. C. Wild et al., 2002). Wild et al. (2002) suggest that "the more negative outcomes found for legally mandated treatments may be explained by the nature of the difficulties of those entering mandated treatment when compared with those in voluntary treatment, rather than its compulsory nature" (p. 210). Non-equivalent

comparison groups at baseline is an inherent methodological weakness characterising most studies in this field.

Stevens et al. (2005) (as reviewed in Pritchard et al., 2007) reviewed research of offender populations published in languages other than English. Stevens et al. (2005) reported a wider range of outcomes (including more negative effects) for compulsory treatment versus voluntary treatment than was found in the English literature. Again, the research was predominantly within the criminal justice system. Stevens et al. (2005) concluded that the international literature indicates that compulsory treatment does not inevitably produce worse outcomes than voluntary treatment, but that more methodologically sound studies were required.

Harm minimisation

Commenting specifically on research relating to civil commitment of non-offenders, Pritchard et al.'s (2007) review concludes that long term effectiveness has not been evaluated, with only some, mainly anecdotal evidence suggesting that civil commitment for short periods can be effective in harm minimisation. That is, to provide short term involuntary care in life threatening circumstances. While alcohol and drug abuse is generally viewed as a chronic condition, acute emergency situations do occur, and if compulsory civil commitment is one mechanism to prevent deaths and minimise harm, then it can be considered to play a useful role. Nevertheless, there may be other mechanisms that are as effective, or more so, as compared with compulsory treatment and this has not been robustly investigated.

Drug use and crime

Compulsory treatment has not been demonstrated to be superior to voluntary treatment in terms of reductions in criminal behaviour or substance misuse (National Collaborating Centre for Mental Health, 2007; T. C. Wild et al., 2002). However, Klag et al. (2005), in a review primarily of offender studies, note the consistent correlation between dependent drug use and criminal behaviour and conclude that compulsory treatment can *sometimes* be effective in reducing drug use and crime in *some* people, but the evidence base is weak.

Motivation, coercion and engagement with treatment

The complex interrelationships between motivation, coercion and treatment outcomes remains unclear and requires more investigation (A. Stevens et al., 2005 ; T. C. Wild et al., 2002). In offender populations, coercion has been shown to reduce motivation and the prospects of completing treatment in some studies; in others, legally coerced offenders were at least as motivated as voluntary offenders. Mixed views prevail on the relationship between legal coercion and motivation (for an overview see A. Stevens et al., 2006; A. Stevens et al., 2005 ; A. Stevens et al., 2005; T. Cameron Wild, 2006; T. C. Wild et al., 2006; T. C. Wild et al., 1998; T. C. Wild et al., 2002).

Summary of evidence for economic considerations

At present it is not possible to quantify the cost-effectiveness of compulsory residential treatment of alcohol/drug dependence relative to other treatment options due to insufficient clinical evidence. However, given the relatively low cost of the intervention, the high costs associated with alcohol/drug addiction, and the poor quality of life experienced by alcohol/drug addicts and their families/victims, this

intervention has the potential to be highly cost-effective relative to less effective treatments or no treatment.

Limitations of evidence base

The evidence considered in this review exhibited methodological limitations which are summarised below. Systematic reviews are only as good as the quality of the information contained within the included studies (Egger et al., 2001). Major methodological problems identified in the literature relating to compulsory treatment include the following:

- small sample sizes (Pritchard et al., 2007)
- lack of equivalent comparison groups (Klag et al., 2005; Wild et al., 2002)
- short follow-up periods, usually under six months (Pritchard et al., 2007; Klag et al., 2005)
- inappropriate comparison groups (Pritchard et al., 2007)
- client motivation not measured or considered (Wild, Cunningham et al., 1998)
- clients' perceptions of coercion not measured or considered (T. C. Wild et al., 1998)
- lack of consistent operational definition of coercion (Wild, Cunningham et al., 1998)
- lack of reliable and valid assessment tools (Pritchard et al., 2007).

A large proportion of the research on voluntary versus compulsory treatment is non-empirical, and researching this area is methodologically challenging. It is extremely difficult to carry out randomised controlled trials, ethically and practically, when the factor being investigated is whether treatment is voluntarily or involuntarily sought. Another general difficulty of synthesising research is that studies in compulsory treatment and coercion are extremely heterogeneous on a number of factors, including the drugs being used, the characteristics of the study populations, the different forms of coercion and referral source, the range of treatment interventions, and the outcome measures employed (Brecht, Anglin, & Wang, 1993; Pritchard et al., 2007; A. Stevens et al., 2005 ; T. C. Wild, 1999).

It is worth noting that the reviews appraised, and others identified in the course of research (e.g., Stevens et al., 2005; Klag et al., 2005), do consider compulsory treatment of offender populations identified through actions of the CJS. These studies were excluded as beyond the scope of the current review. It can also be argued that they have limited usefulness in terms of evidence on voluntary versus involuntary treatment, as the area has been criticised for not considering differences in comparator populations at baseline. The findings of such studies may therefore relate to these differences, which are a function of the population source (identified offenders), rather than the involuntary nature of their treatment.

The literature is also complicated by a wide variation in the implied meaning and use of specific study terminology (such as compulsion, coercion, voluntary, mandated treatment, civil commitment), particularly between the USA and Europe (as discussed in the Background section). This has made it difficult to determine whether research is relevant to the population and setting considered in this review, and often makes meaningful comparisons between studies difficult.

Two interrelated characteristics may act as potential confounders in research that attempts to compare voluntary and compulsory treatment outcomes: *motivation*, and participants' *perceptions of coercion* (T. C. Wild et al., 1998). It has been suggested that motivation is essential for treatment and that people who are forced into treatment are less motivated than those who enter voluntarily (Brecht et al., 1993). However, other researchers suggest that all chronic substance users have an ambivalent attitude to treatment, and referral, by whatever route, results in a motivational 'crisis' (Klag et al., 2005). It is suggested that legally mandated (compulsory) patients may have different treatment needs and require different treatment approaches than voluntary self-referred patients and that there may be some threshold of coercion that may enhance treatment outcomes (Klag et al., 2005). At the Salvation Army's Bridge Programme, for example, there is no official difference between treatment approaches offered to section 8 and section 9 clients, although treatment is tailored to individual needs and issues (Major Lynette Hutson, *personal communication*, 22 November 2006).

It has been argued that some researchers have assumed that referral source (voluntary versus involuntary) defines degree of coercion, without considering the influence of an individual's *perceptions of pressure* (T. C. Wild, 1999; T. C. Wild et al., 1998). Within referral groups, there can be wide variations in perceived coercion. For example, a significant group of 'voluntary' participants reported feeling coerced into treatment (often by family members), whilst in the legally mandated group, a significant proportion of participants reported experiencing no coercion (T. C. Wild et al., 1998). The following comment by the National Manager of the Salvation Army's Bridge Programme is illustrative of the lack of distinction in perceived coercion that can occur between those admitted via voluntary and involuntary routes:

"The key issue with these clients is to get engagement with them. It often makes little difference what section they are under because usually there is external pressure on them - it could be along the lines of a family saying either you commit yourself or we will commit you."
(Major Lynette Hutson, *personal communication*, 22 November 2006).

Wild (2006) notes that there is a paucity of literature on coercion and its relationship with motivation and behaviour change. Further, that informal coercion (for example from family members and peers) may prove to be *more* compelling than formal mechanisms. Wild (2006) notes that research has predominantly focused on legal forms of coercion to date. Stevens et al., (2005) conclude that "it is not whether a person is coerced into treatment that is important in predicting outcome, but their level of motivation. A motivated and coerced client may do better than an unmotivated volunteer" (p. 275). From the evidence of variation within both voluntary and involuntary clients, it has been argued that there is little empirical support for the use of referral source as a comparator in determining the effectiveness of compulsory treatment (Wild, Roberts, & Cooper, 2002). Wild et al.'s (2002) systematic review concluded, "given that compulsory treatment samples exhibit substantial variability in perceptions of coercion, readiness to change their behaviour and perceived justifiability of social control tactics, it is perhaps not surprising that studies simply comparing referral sources do not provide strong and persuasive evidence with regard to outcomes" (p. 91).

Recommendations for future research

Pritchard et al.'s (2007) review, appraised here, advised that in light of the limited evidence for effectiveness for compulsory treatment, evaluative research is needed to develop standardised indicators, and to measure the real costs and benefits of compulsory treatment to the individual, programme and society. They further recommended that more rigorous evaluation studies be commissioned addressing the methodological limitations, as outlined above. They also recommended establishing an integrated database containing information from key agencies (including police, justice, legal aid and treatment providers) to enable monitoring of outcomes over time.

It has also been suggested that future research needs to investigate the complex interplay between client motivation, perceived coercion, client characteristics and treatment characteristics (Stevens et al., 2005). Given the mixed results that have been apparent in the literature, it has also been suggested that it may be possible, and useful, to identify reliable subtypes of clients (characterised by, say, subjective perceptions of coercion and treatment motivation) which may respond better to different types of treatment intervention (Wild et al., 2002).

Conclusions

The area of compulsory treatment for non-offenders has attracted very little research attention. There is currently no reliable evidence relating to the efficacy of compulsory residential treatment compared with voluntary treatment in non-offender populations. No evidence of harm from compulsory treatment was identified. The evidence base is very sparse and the quality of research relating to offender populations is methodologically flawed (commonly comparing groups which are not equivalent at baseline) and unlikely to be generalisable to non-offenders or be relevant to New Zealand's ADA Act (1966). Systematic reviews suggest that significant variation exists in perceived coercion between voluntary and involuntary groups that perceived coercion may moderate motivation and individual's engagement in the therapeutic process, and that route of referral is thus an inadequate way of operationalising coercion as a factor in treatment effectiveness. In terms of deciding whether there is any place for compulsory treatment in New Zealand, it appears that policy makers need to rely on case studies, anecdotal and expert opinion evidence. Recent Australian reviews considering such evidence which are highly relevant to the Ministry of Health's review of the ADA (1966) have been identified by the current review (Swan and Alberti, 2004; Pritchard et al., 2007). These suggest that at least, short term compulsory treatment can provide benefits in harm minimisation, and may be of benefit for at least some people, some of the time, compared to voluntary treatment. Treatment is perhaps best seen as a sequentially linked chain of events, with route of referral forming just one of the initial processes. The effectiveness and cost-effectiveness of civil commitment in achieving long-term behaviour change has not yet been fully evaluated.

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Appendix A: Working Group Membership

An informal working group within the Rights and Protection Team, Mental Health Group, Population Health Directorate (New Zealand Ministry of Health) has been established including the following members.

Table 12 Working group

Name and area of expertise	Affiliation
Stephen Enright	Acting Manager, Mental Health Rights and Protection Team, Ministry of Health
Michelle Judge (contact person)	Policy Analyst, Mental Health Rights and Protection Team, Ministry of Health
Aphra Green	Contractor, Mental Health Rights and Protection Team, Ministry of Health
Trina Lowry	Analyst, Mental Health Rights and Protection Team, Ministry of Health

Appendix B: Included Studies

- National Institute for Health and Clinical Excellence. (2007). *Drug misuse, psychosocial interventions: National Clinical Practice Guideline Number 51*: National Collaborating Centre for Mental Health.
- Pritchard, E., Mugavin, J., & Swan, A. (2007). Compulsory treatment in Australia: a discussion paper on the compulsory treatment of individuals dependent on alcohol and/or other drugs. Canberra: Australian National Council on Drugs.
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Appendix C: Excluded Studies Annotated by Reason for Exclusion

Working with Involuntary, Substance Abusing Clients in the Criminal Justice System: An Interview with Wendy Weil. (2006). *Journal of Social Work Practice in the Addictions*, 6(4), 131-135.
Title/abstract: Excluded. Not a clinical study.

Maternal decision making, ethics, and the law. (2005). *Obstetrics and Gynecology*, 106(5 I), 1127-1137.
Title/abstract: Excluded. Not a clinical study.

Youth exposure to alcohol advertising on radio--United States, June-August 2004. (2006). *MMWR. Morbidity and mortality weekly report.*, 55(34), 937-940.
Title/abstract: Excluded. Wrong intervention/comparator

Alberta court orders methadone maintenance therapy for prisoner on interim basis. (2003). *Canadian HIV/AIDS policy & law review / Canadian HIV/AIDS Legal Network*, 8(1), 53-54.
Title/abstract: Excluded. Not a clinical study.

Mandatory drug testing and treatment for welfare recipients in Ontario, Canada. (2001). *Addiction (Abingdon, England)*, 96(2), 352-353.
Title/abstract: Included
Full paper: Excluded. Not a clinical study

Opioid drugs in maintenance and detoxification treatment of opiate addiction; Substance Abuse and Mental Health Services Administration, HHS. Final rule. (2001). *Federal register*, 66(11), 4076-4102.
Title/abstract: Excluded. Wrong intervention/comparator

Current list of laboratories which meet minimum standards to engage in urine drug testing for federal agencies, and laboratories that have withdrawn from the program--SAMHSA. Notice. (1998). *Federal register*, 63(21), 5394-5396.
Title/abstract: Excluded. Not a clinical study.

Drug and alcohol services in Pevek. (1991). *Alaska medicine*, 33(1), 26-27.
Title/abstract: Excluded. Not a clinical study.

Current list of laboratories which meet minimum standards to engage in urine drug testing for federal agencies--ADAMHA. Notice. (1990). *Federal register*, 55(172), 36317-36318.
Title/abstract: Excluded. Not a clinical study.

Compulsory premarital screening for HIV. (1988). *Journal of the American Medical Association*, 259(7), 1011-1015.
Title/abstract: Excluded. Wrong intervention/comparator

Alcoholism recognition and treatment mandated. (1975). *IMJ. Illinois medical journal*, 147(2), 129-132, 136.
Title/abstract: Included
Full paper: Excluded. Not a clinical study

The alcoholic felon. (1974). *Alcohol Health & Research World. Exp Issue, Sum*, 17-23.
Title/abstract: Excluded. Not a clinical study.

Abel, E. L. (1998). Protecting fetuses from certain harm. *Politics and the life sciences : the journal of the Association for Politics and the Life Sciences*, 17(2), 113-117.
Title/abstract: Excluded. Not a clinical study.

Abel, E. L., & Kruger, M. (2002). Physician attitudes concerning legal coercion of pregnant alcohol and drug abusers. *American Journal of Obstetrics and Gynecology*, 186(4), 768-772.
Title/abstract: Excluded. Not a clinical study.

Abou-Saleh, M. T., & Miller, J. (1999). The management of drug misuse in primary care. *Primary Care Psychiatry*, 5(2), 49-56.
Title/abstract: Excluded. Not a clinical study.

Adirim, T. A., & Gupta, N. S. (1991). A national survey of state maternal and newborn drug testing and reporting policies. *Public Health Reports*, 106(3), 292-296.
Title/abstract: Excluded. Not a clinical study.

Ahmed, A. G., Heigh, L. M., & Ramachandran, K. V. (2001). Polydipsia, psychosis, and familial psychopathology. *Canadian Journal of Psychiatry*, 46(6), 522-527.
Full paper: Excluded. Not a clinical study

Aitkenhead, A. R. (1999). The influence of the anaesthetist on outcome. *Bailliere's Best Practice in Clinical Anaesthesiology*, 13(3), 279-294.
Title/abstract: Excluded. Wrong intervention/comparator

Akhtar, A. J., Funnye, A. S., & Akanno, J. (2003). Gunshot-induced plumbism in an adult male. *Journal of the National Medical Association*, 95(10), 986-990.
Title/abstract: Excluded. Not a clinical study.

Albanese, M. J., & Suh, J. J. (2006). Risperidone in cocaine-dependent patients with comorbid psychiatric disorders. *Journal of Psychiatric Practice*, 12(5), 306-311.
Full paper: Excluded. Not a clinical study

Albery, I. P., Heuston, J., Ward, J., Groves, P., Durand, M. A., Gossop, M., et al. (2003). Measuring therapeutic attitude among drug workers. *Addictive Behaviors*, 28(5), 995-1005.
Full paper: Excluded. Not a clinical study

Albrecht, R. R. (2004). A step toward truly protecting human subjects: reviewing the review boards. *The American journal of bioethics : AJOB*, 4(1), 54-55.
Title/abstract: Excluded. Not a clinical study.

Alemdaroglu, A. (2005). Politics of the Body and Eugenic Discourse in Early Republican Turkey. *Body & Society*, vol, 11(3), 61-76.
Title/abstract: Excluded. Not a clinical study.

Alexander, B. K. (1986). What can professional psychotherapists do about heroin addiction? *Medicine and Law*, 5(4), 323-330.
Title/abstract: Excluded. Not a clinical study.

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Zitek, B., Lewis, R., O'Donnell, J., & Dubin, W. R. (2005). Assessment and management of patients who make threats against the president in the psychiatric emergency service. *Psychiatric Services*, 56(8), 1017-1020.

Full paper: Excluded. Not a clinical study

Appendix D: Quality checklists for appraising interventions

Method of treatment assignment

- Correct, blinded randomisation method described OR randomised, double-blind method stated AND group similarity documented
- Blinding and randomisation stated but method not described OR suspect technique (e.g. allocation by drawing from an envelope)
- Randomisation claimed but not described and investigator not blinded.
- Randomisation not mentioned

Control of selection bias after treatment assignment

- Intention to treat analysis AND full follow-up
- Intention to treat analysis AND <15% loss to follow-up
- Analysis by treatment received only OR no mention of withdrawals
- Analysis by treatment received AND not mention of withdrawals OR more than 15% withdrawals/loss to follow-up/post-randomisation exclusions

Blinding

- Blinding of outcome assessor AND patient and care giver
- Blinding of outcome assessor OR patient and care giver
- Blinding not done

Outcome assessment (if blinding was not possible)

- All patients had standardised assessment
- No standardised assessment OR not mentioned

Source: NHMRC (1999). *How to review the evidence: systematic identification and review of the scientific literature*. Canberra: NHMRC. Modified from I Chalmers, Cochrane Handbook, available on the Cochrane Library CD-ROM

Appendix E: Data extraction tables

Table 13 Data extraction table: NICE (2007)

Citation	National Institute for Health and Clinical Excellence. (2007). <i>Drug misuse, psychosocial interventions: National Clinical Practice Guideline Number 51</i> : National Collaborating Centre for Mental Health.
Level of evidence *	I / III-3
Objective	This was a national (UK) guideline on drug misuse. It aimed to evaluate the role of specific psychosocial interventions in the treatment of alcohol and drug misuse, to integrate this to provide best-practice advice and to develop recommendations tailored to the National Health Service in England and Wales. The sub-topic of most relevance to the current review related to residential, prison and inpatient care, and specifically the section on legally coerced treatment interventions. Only studies that considered the clinical effectiveness of legally mandated treatment (in comparison with voluntary treatment) (Section 9.4, p. 208-210) are reported here.
Search strategy	Considered MEDLINE, EMBASE, CINAHL, HMIC, PsycINFO, Cochrane Library searched from inception to May 2006, and table of content December 2005–November 2006.
Type of included studies	RCTs, Observational studies, systematic reviews were eligible for inclusion. One systematic review was included.
Types of participants	People who misuse alcohol/drugs.
Type of intervention	Legally mandated (also known as compulsory) alcohol/drug treatment. The legal mandate is defined as a process by order of a court or by diversion from the judicial system.
Outcomes	Abstinence, alcohol/drug misuse
Data analyses & statistics	Narrative synthesis.
List of included studies	Wild et al. (2002)
Description of included studies	<u>Wild et al. (2002)</u> – a systematic review
Review quality † See below for “A-G” quality criteria questions	A. <u>Adequate</u> . Clear clinical question defined using PICO criteria. B. <u>Adequate</u> . Comprehensive search strategy. C. <u>Adequate</u> . Selection criteria appropriate and clearly applied. D. <u>Adequate</u> . Detailed description of quality assessment processes, including use of SIGN checklists. E. <u>Partial</u> . Little information on the included studies’ characteristics or results, mainly report conclusions and two studies included in the Wild et al. (2002) review. F. <u>Adequate</u> . Not applicable, as only one study (review) reported so no data pooling. G. <u>Adequate</u> . Not applicable, as only one study (review) reported so no heterogeneity.
Results (relevant to scope of current review)	<u>Wild et al. (2002)</u> . Most research in area conducted in USA. Concluded that mandated treatment generally demonstrated better outcomes in terms of treatment process (uptake of treatment following referral and retention in treatment), however was not superior to voluntary treatment in terms of reductions in criminal behaviour or substance misuse. Cited results of two studies within Wild et al.’s review which were both excluded from this review (due to ineligible population as relating to court diversion participants, and to ineligible intervention).
Authors’ conclusions	Limited research on the topic. Research suggests that “the more negative outcomes found for legally mandated treatments may be explained by the nature of the difficulties of those entering mandated treatment when compared with those in voluntary treatment, rather than its compulsory nature.” (p. 210). The clinical practice recommendation is that access to and choice of treatment should be the same whether alcohol/drug misusers participate in treatment voluntarily or are legally required to do so.

Table 13 Data extraction table: NICE (2007) *continued*

Reviewers notes	Note that this Guideline is extremely comprehensive and considers other questions of interest to the client, including effectiveness of residential treatment <i>per se</i> . The Wild et al. (2002) review is included in the current review.
Relevance to study question	Not entirely clear whether review was only concerned with offender populations. Most of the evidence considered in the Wild et al. (2002) reviews considered studies in the USA. However little detail on scope of that review.

* Systematic reviews that contained both RCTs and lower levels of evidence were annotated level I/III-3 (the latter reflecting the same level as the non-RCT papers that were included within the review).

† The quality of systematic reviews was assessed using the following questions:

(A) Was a clinical question clearly defined?

(B) Was an adequate search strategy used?

(C) Were the inclusion criteria appropriate and applied in an unbiased way?

(D) Was a quality assessment of included studies undertaken?

(E) Were the characteristics and results of the individual studies appropriately summarised?

(F) Were the methods for pooling the data appropriate?

(G) Were sources of heterogeneity explored?

Table 14 Data extraction table: Pritchard et al. (2007)

Citation	Pritchard, E., Mugavin, J., & Swan, A. (2007). Compulsory treatment in Australia: a discussion paper on the compulsory treatment of individuals dependent on alcohol and/or other drugs. Canberra: Australian National Council on Drugs.
Level of evidence *	I / III-3 [review of recent reviews]
Objective	This discussion paper covered a range of issues relating to compulsory treatment with respect to research evidence, ethical considerations, and international practice. With respect to its systematic review, it considered what is the research evidence on compulsory treatment of offending and non-offending individuals for AOD dependence.
Search strategy	Searched Pubmed and internet. Search terms included: compulsory treatment, coercion, effectiveness, drug diversion, drug courts, civil commitment, ethics, civil liberties.
Type of included studies	Published systematic and narrative reviews (erroneously described as meta-analyses) were considered.
Types of participants	People who are chronically addicted to alcohol or other drugs. Offenders and non offenders.
Type of intervention	Various forms of compulsory treatment, including coercion, for offenders, and for non-offenders.
Outcomes	Outcomes mentioned: alcohol/drug use, crime, motivation to change (drug use) behaviour.
Data analyses & statistics	Narrative synthesis
List of included studies	Klag et al. (2005) Stevens et al. (2005) Wild (2006)
Description of included studies	<u>Klag et al. (2005)</u> . A review, but no description or critique of review method given. <u>Stevens et al. (2005)</u> . This review summarised publications in English, German, French, Italian and Dutch. <u>Wild (2006)</u> . A review of "key studies and trends"
Review quality † See below for "A-G" quality criteria questions	A. <u>Inadequate</u> . The discussion paper itself addressed four key questions but these were not clinically defined and no questions were mentioned for the literature review. B. <u>Partial</u> . Only searched PubMed and the internet. Dates of search not given. Search terms given. C. <u>Partial</u> . Did not describe clear eligibility criteria. Considered "recent empirical research on compulsory AOD treatment of offending and non-offending individuals" and "reviews of international research and related commentaries". D. <u>Inadequate</u> . No description of quality assessment and minimal critical comment on how research considered was undertaken. E. <u>Partial</u> . Included reviews were narratively discussed in terms of findings, not methods. F. <u>Adequate</u> . Narratively critiqued and synthesised. G. <u>Adequate</u> . Heterogeneity between the studies narratively discussed.

Table 14 Data extraction table: Pritchard et al. (2007)
continued

<p>Results (relevant to scope of current review)</p>	<p><u>Klag et al. (2005)</u>. Summarises methodological and conceptual problems that have impeded research. Major points mentioned include:</p> <p>That the vast majority of research is non-empirical, and research that is empirical rarely considers RCTs.</p> <p>"Most studies assume coercion from the referral source, which ignores the complexity of the coercion construct and has significantly impeded the accurate measurement of the effects of coercion" (Klag et al. 2005, pg 1783).</p> <p>There is no consistent operational definition of 'coercion'.</p> <p>Many studies assume legally mandated and non-mandated clients are similar at baseline, however there is evidence that this is not justified.</p> <p>Coercion is assumed to be a dichotomous rather than continuous variable.</p> <p>Most reviewed studies had follow-up of less than 6 months.</p> <p>Most research over the last 30 years has so many weaknesses that the results were inconclusive, and could only say that compulsory treatment can sometimes be effective in reducing alcohol/drug use and crime in some people.</p> <p><u>Stevens et al. (2005)</u> This review considered quasi-compulsory treatment (QCT) which refers to offenders only (and is therefore not with the current HSAC review's scope). Key findings identified by Pritchard et al. (2007) include:</p> <p>Non-English research reported on a wider range of findings and tended to present less positive findings than English research.</p> <p>Recommended future research look at role and interplay of client motivation, perceived coercion, client characteristics and treatment characteristics.</p> <p>Length of treatment is a consistent predictor of positive treatment but recommended periods vary from 3 to 12 months in the literature reviewed.</p> <p>Report findings that suggest coercion can increase motivation, and one study found that legally coerced offenders were at least motivated as voluntary ones. Others have argued that legal coercion can undermine motivation.</p> <p><u>Wild (2006)</u> performed a conceptual analysis to identify eight implicit assumptions underlying policy, which are barriers to research, including:</p> <p>Coercion is almost invariably equated with referral source.</p> <p>Dearth of literature on level of coercion experienced by individuals and its relationship with motivation to change.</p> <p>Despite findings that informal coercion from family members may be more "compelling" than formal legal mechanisms for coercion, research has focused on the latter.</p>
<p>Authors' conclusions</p>	<p>Most evaluative work has examined diversion programmes (legal coercion) and produced results that are largely weak and inconclusive. Indicators have generally been chosen opportunistically. Civil commitment legislation has not been evaluated in terms of its effectiveness in achieving long-term behaviour change. There is some (mainly anecdotal) evidence that civil commitment for short periods can be an effective harm minimisation mechanism (protecting the user in life threatening situations), and the authors argue that there is substantial support in Australia for a model of short-term involuntary care to reduce serious self-harm. Compulsory treatment can sometimes be effective in reducing alcohol/drug use (and crime) for some people. "While the evidence is weak and cannot be said to strongly support the continuation of compulsory treatment programs, neither does it suggest that they are ineffective and should be discontinued. Strong evidence in either direction simply does not exist" (p. 104).</p>

Table 14 Data extraction table: Pritchard et al. (2007)
continued

Reviewers notes	Note that this literature review was part of discussion document that included review of Australian legislation, key informant interviews, and reference group consultation. It was not intended as a systematic review but is recommended reading for the Working Group as a comprehensive and recent discussion of relevant legislation, and because an attempt to search databases was undertaken. Note that Klag et al. (2005) was excluded from current review as considering offenders only, Wild (2006) was not a systematic review, and Stevens et al. (2005) was excluded in the current review as relating to offenders.
Relevance to study question	Most of the evidence considered in these reviews, and all in Stevens et al. (2005) relates to offenders and/or criminal justice system referrals.

* Systematic reviews that contained both RCTs and lower levels of evidence were annotated level I/III-3 (the latter reflecting the same level as the non-RCT papers that were included within the review).

† The quality of systematic reviews was assessed using the following questions:

- (A) Was a clinical question clearly defined?
- (B) Was an adequate search strategy used?
- (C) Were the inclusion criteria appropriate and applied in an unbiased way?
- (D) Was a quality assessment of included studies undertaken?
- (E) Were the characteristics and results of the individual studies appropriately summarised?
- (F) Were the methods for pooling the data appropriate?
- (G) Were sources of heterogeneity explored?

Table 15 Data extraction table: Swan and Alberti (2004)

Citation	Swan, A., & Alberti, S. (2004). <i>The Alcoholics and Drug-dependent persons Act (ADDP) 1968: A Review</i> . Melbourne: Turning Point Alcohol and Drug Centre, Department of Human Services, State of Victoria.
Level of evidence *	IV (in relation to review of civil commitment of non-offenders)
Objective	To review the literature pertaining to compulsory treatment outcomes of people (non-offenders) with severe alcohol and drug (A&D) issues.
Search strategy	Considered CINCH, AOIS, DRUG, NCJRS, checked reference lists of retrieved papers, English language only. Search terms available (personal communication, Amy Swan, November 2007).
Type of included studies	Case series
Types of participants	People with severe alcohol and drug issues.
Type of intervention	Originally the search was to consider civil commitment legislation and practices but due to the lack of material the search was expanded to consider voluntary, involuntary, and mandated A&D treatment.
Outcomes	Abstinence, alcohol/drug misuse.
Data analyses & statistics	Narrative synthesis.
List of included studies	Bourquin-Tieche et al. (2001). Steiner et al. (1995).
Description of included studies	<u>Bourquin-Tieche et al. (2001)</u> . Reported on 17 consecutive cases (15 individuals) of civil commitment (i.e. non-offenders) to a Swiss alcohol Unit. <u>Steiner et al. (1995)</u> . Reported on non-offenders court ordered to treatment for serious alcohol related illnesses in Colorado.
Review quality † See below for “A-G” quality criteria questions	A. <u>Partial</u> . The broad scope was specified but selection criteria not elaborated. B. <u>Partial</u> . Search strategy was described as “comprehensive” but did not refer to major databases. Databases that were searched, and search terms, were obtained through contact with the author. C. <u>Partial</u> . Selection criteria not explicitly mentioned and so difficult to ascertain rigour of study selection. D. <u>Inadequate</u> . No apparent use of quality assessment processes, or checklists. E. <u>Partial</u> . Some information on the included studies’ characteristics and results, though not tabulated or presented comprehensively. F. <u>Adequate</u> . Not applicable, as only two studies reported. G. <u>Adequate</u> . Not applicable, only two studies reported.
Results (relevant to scope of current review)	<u>Bourquin-Tieche et al. (2001)</u> . Follow-up data on 10 clients, 18 months post-commitment, with 8 clients reporting being abstinent at follow-up and most considering civil commitment to be justifiable intervention. <u>Steiner et al. (1995)</u> . Sixty percent were drinking alcohol six months post intervention.
Authors’ conclusions	Little can be concluded from the limited research available specifically pertaining to the effectiveness of civil commitment.” (p. 14)
Reviewers notes	This review was not presented as a systematic review but was included given the paucity of data available, and because an attempt to search bibliographic databases was undertaken. Bourquin-Tieche et al. (2001) is excluded in the current review as it was a case series with no comparator at follow-up. Steiner et al. (1995) also excluded as case series.

Table 15 Data extraction table: Swan and Alberti (2004)
continued

Relevance to study question	<p>The project also included a review of the <i>Alcoholics and Drug-dependent Persons Act (ADDPA) 1968</i> and consulted stakeholders of the ADDPA to provide feedback on the practical application of the Act (which is also likely to be of interest to the client though is not strictly relevant to the current review questions).</p> <p>The review also considered evidence relating to studies of compulsory treatment (where offenders and non-offenders are included), which included reference to Wild et al.'s (2002) review.</p>
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* Systematic reviews that contained both RCTs and lower levels of evidence were annotated level I/III-3 (the latter reflecting the same level as the non-RCT papers that were included within the review).

† The quality of systematic reviews was assessed using the following questions:

- (A) Was a clinical question clearly defined?
- (B) Was an adequate search strategy used?
- (C) Were the inclusion criteria appropriate and applied in an unbiased way?
- (D) Was a quality assessment of included studies undertaken?
- (E) Were the characteristics and results of the individual studies appropriately summarised?
- (F) Were the methods for pooling the data appropriate?
- (G) Were sources of heterogeneity explored?

Table 16 Data extraction table: Wild et al. (2002)

Citation	Wild, T. C., Roberts, A. B., & Cooper, E. L. (2002). Compulsory substance abuse treatment: An overview of recent findings and issues. <i>European Addiction Research</i> , 8(2), 84-93.
Level of evidence *	I / III-3
Objective	To provide an overview of research trends and issues in the area of compulsory substance abuse treatment. Specifically included the following: substantive review papers on mandated and coerced substance abuse treatment, papers presenting quantitative or qualitative empirical data on characteristics of mandated treatment clients, papers comparing the efficacy of treatment among mandated clients, or papers providing quantitative comparative data on mandated versus voluntary substance abuse treatment outcomes.
Search strategy	Considered Medline, PubMed, Embase, and PsycINFO, limited to human studies and English language and papers published 1988 or later. Checked reference lists of four recent review papers, Search strategy described in detail.
Type of included studies	Empirical and non-empirical papers, including cross-sectional and longitudinal (case-control, RCT, non equivalent comparison group).
Types of participants	People receiving compulsory treatment for substance abuse.
Type of intervention	Compulsory substance abuse treatment.
Outcomes	Did not specify but did consider systematically collected qualitative and quantitative outcomes. Explicitly excluded outcomes relating to anecdotal data, and economic cost estimates of benefits of treatment compared with crime related costs.
Data analyses & statistics	Narrative synthesis including tables of study characteristics and results.
List of included studies	Identified 170 included articles, 84 of which are empirical, including 18 comparative longitudinal studies investigating the effectiveness of compulsory substance abuse treatment: Batel, Pessione, Bouvier, & Rueff (1995) Bavon (2001) Berkowitz, Brindis, Clayson, & Peterson (1996) Brizer, Maslansky, & Galanter (1990) Desland (1999) Desmond & Maddux (1996) Fugelstad, Agren, & Romelsjo (1998) Heale (2001) Kofoed & Keys (1988) Lawental, McLellan, Grissom, Brill, & O'Brien (1996) Liepman, Nirenberg, & Begin (1995) Loneck, Garrett, & Banks (1996a) Loneck, Garrett, & Banks (1996b) Nelson, Matthews, Girard, & Bloom (1999) O'Loughlin & Webb (1996) Vito (1998) Walsh et al. (1991) Watson (1995)

Table 16 Data extraction table: Wild et al. (2002) *continued*

Description of included studies	<p><u>Desland (1994)</u> – non-equivalent comparison study of post-diversion programme</p> <p><u>Desmond and Maddux (1996)</u> – non-equivalent comparison study of compulsory supervision</p> <p><u>Fugelsatd et al. (1998)</u> – non-equivalent comparison study of court-ordered treatment</p> <p><u>Heale (2001)</u> – non-equivalent comparison study of post conviction diversion programme</p> <p><u>Bavon (2001)</u> – non-equivalent comparison study of drug court</p> <p><u>Berkowitz et al. (1996)</u> – non-equivalent comparison study of court and child protective services</p> <p><u>O'Loughlin (1996)</u> – case-control study of brief "temporary certificate" commitment</p> <p><u>Vito (1998)</u> - non-equivalent comparison study of drug court</p> <p><u>Batel et al. (1995)</u> – RCT of letter sent by physician suggesting treatment</p> <p><u>Walsh et al. (1991)</u> - RCT of employer coercion</p> <p><u>Brizer et al. (1990)</u> - non-equivalent comparison study of welfare system coercion</p> <p><u>Lawental et al. (1996)</u> - non-equivalent comparison study of employer coercion</p> <p><u>Nelson et al. (1996)</u> - non-equivalent comparison study of employer diversion</p> <p><u>Kofoed (1989)</u> - non-equivalent comparison study of persuasive group coercion</p> <p><u>Loneck et al. (1996)</u> - non-equivalent comparison study of family/friends coercion</p> <p><u>Liepman et al. (1989)</u> - non-equivalent comparison study of employer/family coercion</p> <p><u>Watson (1989)</u> - non-equivalent comparison study of legal and family coercion</p>
Review quality † See below for “A-G” quality criteria questions	<p>A. <u>Adequate</u>. Clinical question was clearly defined, though broad, with very specific selection criteria.</p> <p>B. <u>Adequate</u>. The search strategy was broad, used several key databases, and was described in detail, including number of papers identified at each stage of study selection. Their strategy missed 9 articles that were subsequently identified from reference lists of recent reviews, which the authors considered a limitation of their search. They also commented that “some of the articles were not available to us” but this is not explained.</p> <p>C. <u>Adequate</u>. Selection criteria appropriate and coded using a standard protocol.</p> <p>D. <u>Adequate</u>. Explicit criteria were used to select a subsample of 18 effectiveness studies which were then independently coded twice using explicit criteria, with discrepancies resolved through consensus.</p> <p>E. <u>Partial</u>. Tabulated information on the included studies' characteristics and results, however results were only discussed in terms of direction of findings rather than quantitatively.</p> <p>F. <u>Adequate</u>. Not applicable, as data not pooled due to heterogeneity. However note that the authors summarised results in terms of number of papers finding positive or negative effects regardless of differences in population, intervention, or study design.</p> <p>G. <u>Inadequate</u>. Heterogeneity of studies described as study characteristics but not discussed in terms of variation in results.</p>
Results (relevant to scope of current review)	<p>Four of five studies examining referral patterns reported higher entry rates for compulsory treatment relative to non-compulsory treatment. Six of 11 treatment retention studies participation rates (lower drop-out) for compulsory treatment relative to non-compulsory treatment. Only two of eight studies investigating alcohol and drug use reported better outcomes for compulsory treatment with 75% reporting no difference compared with non-compulsory treatment.</p>
Authors' conclusions	<p>With respect to the results the authors conclude that in general the majority of treatment-oriented measures showed benefits of compulsory treatment relative to non-compulsory treatment. However they note the methodological limitations (that most empirical research employed non-equivalent comparison groups) of the evidence base, and their own review.</p> <p>The authors observe, "Given that compulsory treatment samples exhibit substantial variability in perceptions of coercion, readiness to change their behaviour and perceived justifiability of social control tactics, it is perhaps not surprising that studies simply comparing referral sources do not provide strong and persuasive evidence with regard to outcomes." (p. 91)</p>

Table 16 Data extraction table: Wild et al. (2002) *continued*

Reviewers notes	None of the 18 included studies on effectiveness were included in the current review.
Relevance to study question	The review considered evidence relating to studies of compulsory treatment and therefore reported on a range of mandates including those involving offenders and coercion from family, welfare system and employers. The review observes that most research on compulsory treatment has occurred in the United States (82%) and considered legal mandates (court orders, diversion programs, drug courts).

* Systematic reviews that contained both RCTs and lower levels of evidence were annotated level I/III-3 (the latter reflecting the same level as the non-RCT papers that were included within the review).

† The quality of systematic reviews was assessed using the following questions:

(A) Was a clinical question clearly defined?

(B) Was an adequate search strategy used?

(C) Were the inclusion criteria appropriate and applied in an unbiased way?

(D) Was a quality assessment of included studies undertaken?

(E) Were the characteristics and results of the individual studies appropriately summarised?

(F) Were the methods for pooling the data appropriate?

(G) Were sources of heterogeneity explored?